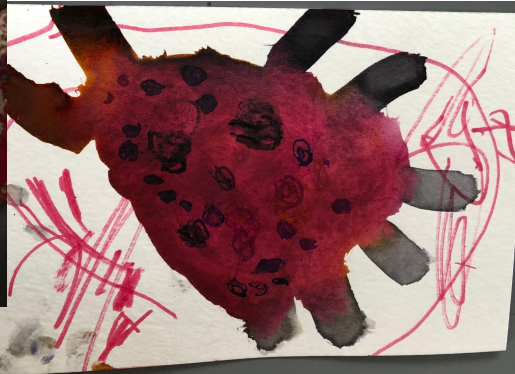


Preschool highlights from the last week

&

Two questions we're asking across the district

"I have been teaching my mom songs like the hello song and the goodbye song."



# PRESCHOOL CHOICE TIME

## Independent Play & Exploration



### WHAT IS CHOICE TIME?

- Choice time is simply a chance for a child to explore materials on his/her own, sometimes it is called centers or stations. During choice time children choose which station they go to and how long they participate in the activity.
- The adults set up hands-on activities that promote engagement and exploration.
- Children need to know how to play by themselves and follow their own interest, but this takes practice. A combination of parent facilitated and independent exploration (the child makes discoveries on his/her own) are both important for a child's development.
- Be aware that children can get frustrated if they are corrected, interrupted or asked questions ("What shape is that?") too often during independent play. It is their time to focus on what they are interested in and your time to get something done :)

### LEARNING TARGETS DURING CHOICE TIME:

- I can explore activities independently.
- I can be flexible.
- I can try a variety of activities.

# GOOGLE HANGOUT RULES

## Preschool Expectations for Virtual Visits



I CAN RAISE MY HAND  
IF I WANT TO TALK.



WHEN I SEE MY NAME OR I AM  
CALLED ON, IT IS MY TURN.



I WILL LISTEN WHEN IT  
IS SOMEONE ELSE'S TURN.



I SIT DOWN WHEN USING AN  
IPAD OR COMPUTER.



I AM GENTLE & KEEP MY  
HANDS OFF THE SCREEN.



I CAN SAY, "PASS" IF I  
DON'T WANT A TURN.

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# GET MOVING!!!

## Exercises to build strength, refresh, & refocus.

<p><b>Unicorn Skip</b></p> <p>Use your arms to hop with one foot at a time. Hop like a unicorn. Hop with your arms outstretched like a unicorn's horns. Hop like a unicorn!</p>	<p><b>Breezy Skunk</b></p> <p>Use your arms to hop with one foot at a time. Hop like a skunk. Hop with your arms outstretched like a skunk's tail. Hop like a skunk!</p>	<p><b>Monkey Jacks</b></p> <p>Use your arms to hop with one foot at a time. Hop like a monkey. Hop with your arms outstretched like a monkey's tail. Hop like a monkey!</p>	<p><b>Inchworm</b></p> <p>Use your arms to hop with one foot at a time. Hop like an inchworm. Hop with your arms outstretched like an inchworm's antennae. Hop like an inchworm!</p>	<p><b>Porcupine Points</b></p> <p>Use your arms to hop with one foot at a time. Hop like a porcupine. Hop with your arms outstretched like a porcupine's quills. Hop like a porcupine!</p>
<p><b>Iguana Plank</b></p> <p>Use your arms to hop with one foot at a time. Hop like an iguana. Hop with your arms outstretched like an iguana's tail. Hop like an iguana!</p>	<p><b>Hippo Hop</b></p> <p>Use your arms to hop with one foot at a time. Hop like a hippo. Hop with your arms outstretched like a hippo's ears. Hop like a hippo!</p>	<p><b>Elephant Push</b></p> <p>Use your arms to hop with one foot at a time. Hop like an elephant. Hop with your arms outstretched like an elephant's trunk. Hop like an elephant!</p>	<p><b>Crab Walk</b></p> <p>Use your arms to hop with one foot at a time. Hop like a crab. Hop with your arms outstretched like a crab's legs. Hop like a crab!</p>	<p><b>Butterfly Sit Ups</b></p> <p>Use your arms to hop with one foot at a time. Hop like a butterfly. Hop with your arms outstretched like a butterfly's wings. Hop like a butterfly!</p>

30 seconds X 10 = 5 MINUTES

AGES 5-7



# Two questions we're asking across the district

1. How can we support families who are stressed by their family's situation--like parents who are essential workers or who have multiple children in a variety of grade levels with different needs--and do not feel able to support their children with Learning at Home Together?
2. We have a significant number of students who have logged onto Morning Meetings or Advisories, but a far smaller number are completing learning tasks. How can we increase student engagement in learning while being respectful and understanding of every family's dynamic situation?