

Outdoor Extension Mission Statement - To incorporate authentic learning experiences from the outdoors and provide enrichment opportunities for students to explore nature through academics and community building activities. Through our partnership with the **Youth Opportunities Program** and as youth outdoor leaders, we will be able to create more experiences for students in the outdoors with a focus on team building, practicing student leadership, developing resilience, and independence.

The outdoor club activities will include but are not limited to: day hikes, rock climbing, team building and various ideas from outdoor education.

Overnight Field Trip Proposal

Outdoor Winter Overnight Trip

1. This outdoor opportunity will allow for us to take nine students in grades 6-8 who are part of the Outdoor Club.
2. The trip will give students an opportunity to put their learning into practice while celebrating the season. It will expose students to outdoor activities such as hiking and camping and provide students with the opportunity to develop leadership skills which they can utilize when returning to school.
3. The Outdoor Club curriculum, which will be utilized on this trip, includes activities such as knot tying, "Leave No Trace" techniques, outdoor safety techniques and nutrition, etc...
4. Outdoor Adventure Details:
 - a. Information being provided is from last year's adventure. We will provide updated information when it becomes available.
 - b. Saturday, January 14th - Sunday, January 15th (Martin Luther King Holiday Weekend). Our destination is the Highland Center in Crawford Notch, NH. The center is owned by the Appalachian Mountain Club (AMC) and the winter trip will be run by Lincoln School/YOP staff. We will depart from the school parking lot at 9:00am on Saturday, 1/14, and return on Sunday, 1/15 at 6pm.
5. For the January trip, transportation will be provided by Lincoln Staff, a 12 passenger van.
6. Overnight accommodations will be organized by Lincoln/ YOP staff. Boys and girls will sleep in separate sections of the Highland Center.

7. This outdoor adventure will cost \$100. Students in need of financial assistance will receive aid from the Legacy Fund.
8. Nine of the nineteen Outdoor Club members will participate in the trip along with three adults.
9. Steve Cullen and Jaime Moody will chaperone the trip along with a school approved nurse.
10. Information packet is included.
11. Medical care will be provided by the school approved nurse. All students are required to complete an AMC Permission/health forms packet along with Lincoln School Forms.
12. Permission slip is attached.
13. Parent outreach effort will take place at least 2 weeks prior to the trip. Date TBD.
14. Outdoor Club students who are interested in attending the trip will write an essay about why they should be selected to attend. Nine students will be selected.
15. Field trip forms are attached.

The Lincoln School
Field Trip Permission Slip

On Saturday-Sunday (MLK weekend), January 14-15, students in the Lincoln School's Outdoor Club will have the opportunity to participate in an overnight field trip at the AMC's Highland Center in Crawford Notch, NH. This trip allows students the opportunity to utilize the skills learned in the Outdoor Club and to be exposed to outdoor opportunities such as hiking, snowshoeing, cross country skiing, and sledding. The Outdoor Winter Program will be led by Lincoln School staff and there is a \$100 charge to cover expenses for this trip. This will include lodging at the Highland Center, all meals, transportation in a 12 passenger van and cross country skiing at Bretton Woods. A school approved nurse will accompany the group to administer medications and assist with any medical issues that may arise.

Sincerely,

Steve Cullen & Jaime Moody

I _____ hereby consent to my son / daughter's participation in the trip to the Highland Center in Crawford Notch, New Hampshire. We will be leaving school on Saturday, 1/14 at 9:00 a.m. and returning on Sunday, 1/15, at 6:00 p.m.

I understand that transportation will be provided by Lincoln School staff in a 12 passenger van and that the supervision will be by Steve Cullen and Jaime Moody. I hereby also consent to whatever arrangements are made for my son or daughter generally consistent herewith, and any reasonable arrangement in case of emergency, including arrangements for emergency transportation and/or medical care, which is deemed necessary in such situation by the teacher, or if unavailable, by any other adult supervisor. I understand that reasonable precautions for safety will be taken.

Name of Child _____

Signature of Parent/Guardian

Date



**Lincoln Winter Overnight
Highland Center Weekend
January 14 - 15, 2017**

Saturday

8:30 AM	Meet in front of Brooks building pack and load van
9 AM	
12 PM	Depart for Crawford Notch - Highland Center
2PM	Arrive at Highland Center- Move into conference room - Lunch
2:30 PM	Safety talk; clothing & layering; hypothermia & frostbite change for hike
5 PM	Hike Mt. Willard
6 PM	Arrive back at Highland Center; Move into bunkrooms; change
7 PM	Dinner Buffet
10 PM	Norms/teambuilding game/ night hike
	Quiet Hours

Sunday

7 AM	Breakfast
9 AM	Meet in Conference Space - Basics of XC skiing (boots, ski parts, etc.) Drive to Bretton Woods (pack van)
10 AM	Learn XC ski on the easy trails
12 PM	Lunch in the warming hut
1 PM	More XC skiing
3 PM	Depart for Lincoln
6 PM	Arrive back to Brooks



To - Do List : Preparation

- Send complete size list / YOP
- Send medical forms
- Bring originals of all forms on the trip
- Prepare with personal gear and expectations
- Provide lunch and snack foods
- Manage group; assign duties and leaders
- Decide how free time spent
- Arrange Joy St. pick up
- Arrange Joy St. drop off
- Pull gear for all participants
- Pick Up transportation (12 passenger van)
- Prepare safety workshop presentation
- Prepare hike maps
- Prepare XC skiing lesson

Saturday Alternative

8 AM Breakfast buffet (come dressed/ready for the day)
9 AM Meet in Conference Space, Safety talk prepare for hike
10 AM Begin Hike Mt. Pierce
12 PM Lunch & Hot Cocoa
1:30 PM Reach Mt. Pierce, Return via Crawford Path
4 PM Arrive back to Highland Center and Depart for Lincoln
6:30-7:00 PM Arrival in Lincoln

Contact:

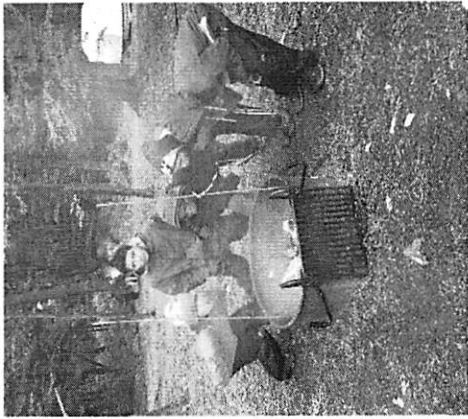
School - 781- 259-9408
Steve Cullen - 978-846-4462
Jaime Moody - 857 -204-6393
Nurse - TBD

Address : (603) 278-4453
RT 302, Bretton Woods, NH



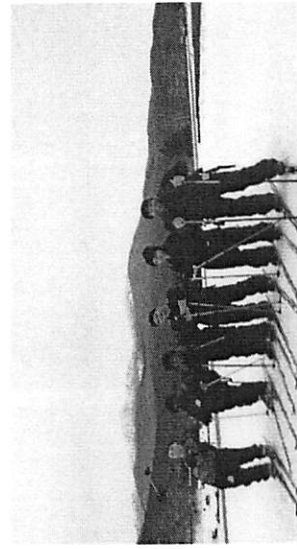
Outdoor Club

Overnight Proposal 2016 - Highland Center



MISSION

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District & School Alignment

District and School Improvement Plan Alignment :

B1 - Support and guide educator development of instructional units that engage students and provide appropriate levels of cognitive demand, differentiate and promote student ownership of their learning experience.

C1 - Develop and deepen instructional practices and models for differentiating instruction to meet the individual needs of all students.



Rationale

Overnight Trip Proposal Bullets

1. This outdoor opportunity will only allow for us to take nine students in grades 6-8 who are part of the Outdoor Club.
 2. The trip will give students an opportunity to put their learning into practice while celebrating the season. It will expose students to outdoor activities such as hiking, snowshoeing, and cross country skiing and will provide students with the opportunity to develop leadership skills which they can utilize when returning to school.
 3. The Outdoor Club curriculum, which will be utilized on this trip, includes activities such as knot tying, "Leave No Trace" techniques, outdoor safety techniques and nutrition, etc...
 4. Overnight accommodations - AMC Facilities
 5. Cost - See Budget Breakdown
 6. Steve Cullen and Jaime Moody will chaperone all outdoor trips
 7. Level of Investment - Students will be asked to submit an interest statement prior to selection of participants.
-

Budget

***All equipment is included**

Based on 9 Students	Overnight
Lodge (includes Breakfast and Dinner)	\$19
Food (Lunch and Snacks)	\$7.00
Transportation (Van Rental)	\$38.00
Ski Pass - Bretton Woods, NH	\$26.00
Gas & Tolls	\$10.00
Total:	\$100.00

Pressing Forward

Things we still need to complete in order to make this more cohesive.

Lincoln Public Schools
Lincoln, Massachusetts

LATE NIGHT AND OVERNIGHT FIELD TRIP PROPOSAL

» to be submitted 3 months prior to approval date «

Please refer to School Committee Policy File: ICCA

School: Lincoln School Grade(s): 6-8

Number of Students: 9 of 19 % Class/Group: 47%

Destination: Highland Center, Crawford Natch

Address: Rt 302, Bretton Woods NH Telephone# (603) 278-4453

Dates: 1/14 - 1/15/2017

Departure Time: 8³⁰ am (1/14) Return Time: 6 pm (1/15)

Costs for the Trip:

Transportation: 1 # of Buses (VAN) \$

Admissions: 9 # students x \$ 100 /each = \$ 900 (includes van)
 # adults x \$ /each = \$

Total \$

Accommodations: \$

Teacher Stipends (overnight trip): 2 # teachers x \$ 150 /each \$

Other nurse TBD \$

Other \$

TOTAL \$

Cost Per Student: \$ 100

Supervising Teacher: Steve Cullen + Jaime Moody

Teacher(s)/Chaperone(s) Name (Print)*

Steve Cullen
Jamie Moody

Signature

Steve Cullen
Jamie Moody

*If chaperones are not identified at the time the trip is proposed, a complete list must be provided by the supervising teacher to the Principal prior to departure.

Have arrangements been made to ensure that all students can participate? ☐ yes ☐ no

Describe: _____

Who will be responsible for: first aid _____ medications _____

through Case

epi pen _____

Nurse Contacted: ☒ Yes ☐ No

Nurse's Signature

Date

☒ Approved

☐ Disapproved

☐ Approved

☐ Disapproved

Sharon Hobbs
Principal's Signature

12/1/16
Date

Superintendent's Signature

Date

Attach statements addressing each of the following: relevance to educational program and explanation of purpose of trip; destinations and itinerary of trip; explanation of transportation plan; explanation of arrangements for accommodations; copies of information and communications to be given to parents; agenda for parent information meeting(s). [See Policy IICA for more details.]



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