



# LINCOLN PUBLIC SCHOOLS

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**Mary Emmons**

Administrator for Student Services

To: School Committee  
Dr. Rebecca McFall, Superintendent

From: Mary Emmons, Administrator for Student Services  
Lynn Fagan, Preschool Coordinator  
Scott Dixson, Extended School Year Coordinator, Special Educator

RE: Extended School Year Program PK-8, 2016

Date: September 14, 2016

The purpose of this report is to provide a description of special education extended year programming for preschool through grade 8.

### Extended School Year Programming Definition:

Extended School Year Programming and Services (ESY) are required under state and federal statutes to ensure provision of summer services for special education students who are at risk of **substantial regression** of skills. Under the Individuals with Disabilities Act (IDEA) 2004, "ESY must be available if the IEP Team determines, on an individual basis, that extended year services are necessary to provide a Free and Appropriate Education (FAPE)." Massachusetts state law 603 CMR 28.05 (4) states, "An extended year program may be identified if the student has demonstrated or is likely to demonstrate substantial regression in his or her learning skills and/or substantial difficulty in relearning such skills if an extended program is not provided".

### Eligibility for ESY:

Students are identified individually within the Team Meeting process and extended year services are reflected within the Individualized Education Program (IEP) based upon consideration of the following:

- Regression of skills is substantial following a break in service
- Recouping of skills due to the break would take longer than what is typical (after review/reteach)
- Instruction is required in the area in which regression would occur
- Degree of disability/impairment is considered
- Rate of learning and progress is a factor impacting decision making
- Regression and difficulty recouping after short breaks throughout the school year is noted
- Regression of skills may include social skills, emotional supports, mobility, communication, academics, vocational skills, assistive technology and adaptive living skills

### Lincoln Public Schools ESY Programming:

During the summer of 2016, ESY programming for special education students took place from July 5, 2016-August 11, 2016. The ESY Program provides a range of supports and services to meet the individual needs of students. These services are determined by the IEP Team and are individually calculated.

In the spring of 2016, Scott Dixson was appointed as the ESY Coordinator. Scott was essential to the organization of programming and the scheduling of services for students. Scott ensured appropriate staffing was in place to meet the needs of the students. Scott also coordinated with principals to ensure building and custodial needs were addressed for the duration of the ESY program. In addition, to these administrative duties, Scott provided staff training and outreach and consistently communicated with parents. His partnership with the Lincoln Recreation Camp was essential to student participation and success in the recreation program.

### ESY Program Descriptions

#### *Preschool Instruction:*

The preschool ESY program provides an extension of the school year program. Each classroom works to address the students' goals and benchmarks as outlined in the IEP. Children ages 2.9 through 5 years of age are taught in order to address individual needs in the areas of motor, social, language, emotional, pre-readiness and independence. Children are provided opportunities to build confidence and skills through creative play and hands-on exploration. The focus of the program is to prevent substantial regression of skills.

#### *Integrated Experience/Lincoln Recreation Camp:*

Through a strong partnership with the Lincoln Recreation Department, students are provided with social, emotional and behavioral skill building within an inclusive setting. This inclusive setting provides opportunities to work in small and large groups with typically developing, same-age peers. While this integrated model is essential to support the prevention of substantial regression of social skills, it also serves to support students with developing self-advocacy skills, coping strategies, and social language skills.

#### *Specially Designed Academic Instruction:*

Academic Instruction is provided through tutoring, focusing on preventing substantial regression in the areas of English Language Arts (ELA) and Mathematics. Instruction is provided within a 1:1 or small group setting. The focus of the academic tutoring sessions is to address IEP goals and benchmarks and essential curricular content.

#### *Related Services:*

Related services provided during ESY may include occupational therapy, physical therapy, and speech and language therapy.

## Enrollment of Students in ESY

| Program                              | Hanscom Students | Lincoln Students | Total |
|--------------------------------------|------------------|------------------|-------|
| Preschool                            | 29               | 5                | 34    |
| Academic Instruction                 | 14               | 16               | 30    |
| Inclusion in Lincoln Recreation Camp | 3                | 1                | 4     |

Total Number of Students Participating in ESY=68

- 35 Preschool students
- 25 Students grades K-4
- 8 Students grades 5-8

### ESY Staffing:

Scott Dixson, ESY Coordinator

Maureen Richichi, ESY Nurse

Jean Goranson, ESY Teacher, Lincoln Campus

Rachel Goldberg, ESY Teacher, Lincoln Campus

Asya Shestopal, ESY Teacher, Hanscom Campus

Terri Russell, ESY Teacher, Hanscom Campus

Katie Morris, Speech and Language Therapist

Anna Baker, Occupational Therapist

Dori Fishbone, Occupational Therapist

Laura Jeffries, Physical Therapist

Eva Hughes, Tutor, Recreation Camp

Leah DiMaio, Tutor, Recreation Camp

Lisa Bennett, Tutor, Recreation Camp & Preschool

Dayna Brown, Preschool Teacher

Diane Mackenzie, Lead Preschool Teacher

Katie Proctor, Preschool Teacher

Eleni Splagounias, Preschool Tutor

Michelle Gosselin, Preschool Tutor

Nicole Beek, Preschool Tutor

Savita Chauhan, Preschool Tutor

Michelle Kelly, Preschool Tutor

Brianne Lawler, Preschool Tutor

Carolyn Weaver, Preschool Tutor