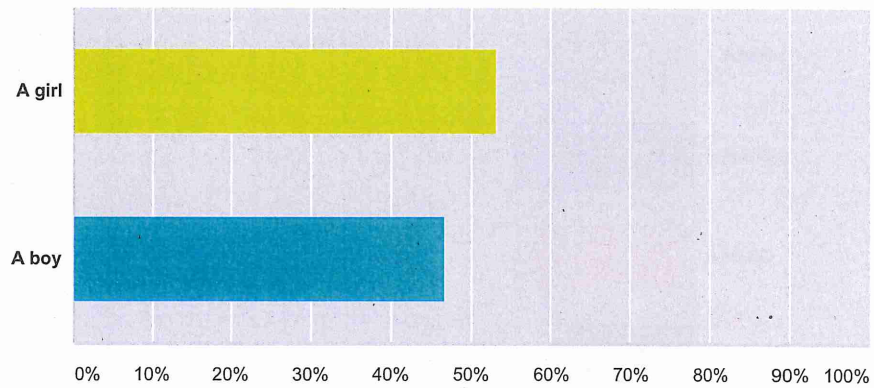


Student Physical Activity Survey

Q1 Are you?

Answered: 490 Skipped: 10

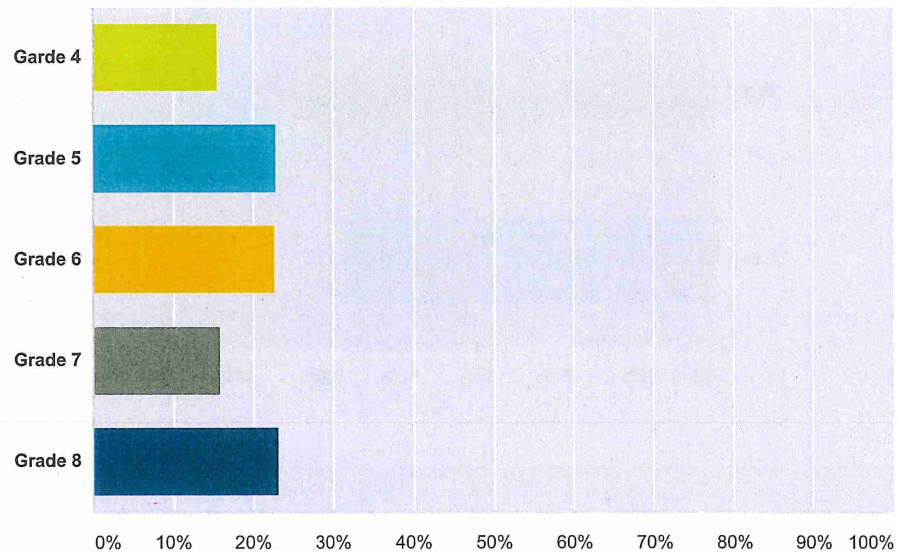


Answer Choices	Responses
A girl	53.27% 261
A boy	46.73% 229
Total	490

Student Physical Activity Survey

Q2 What grade are you in?

Answered: 494 Skipped: 6

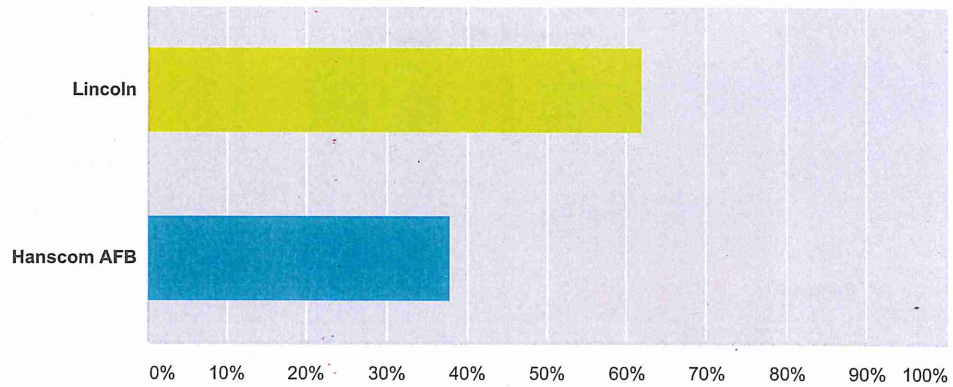


Answer Choices	Responses	
Grade 4	15.59%	77
Grade 5	22.87%	113
Grade 6	22.67%	112
Grade 7	15.79%	78
Grade 8	23.08%	114
Total		494

Student Physical Activity Survey

Q3 Where do you go to school?

Answered: 485 Skipped: 15

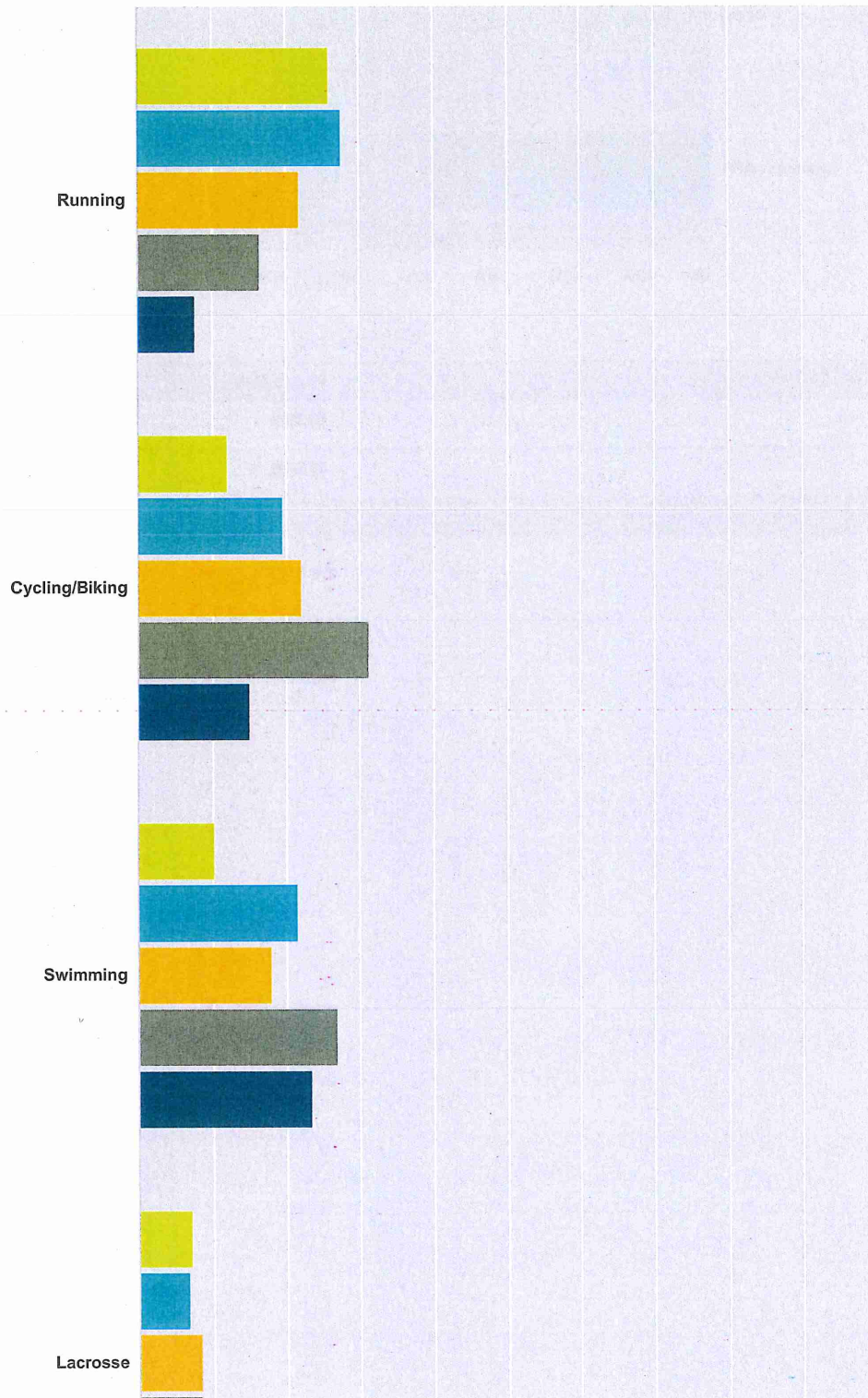


Answer Choices	Responses
Lincoln	62.06% 301
Hanscom AFB	37.94% 184
Total	485

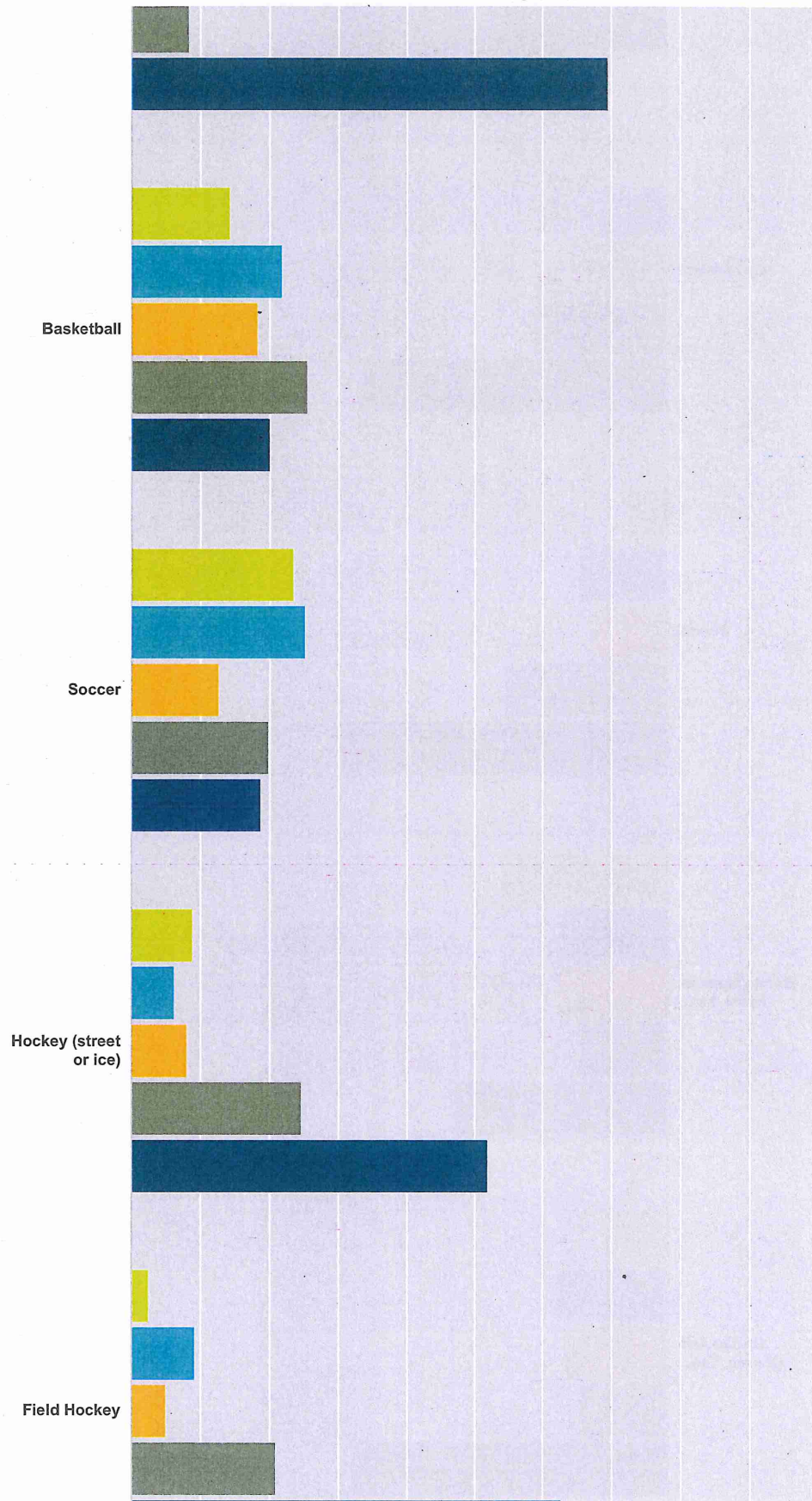
Student Physical Activity Survey

Q4 Please tell us what activities you have done in the past year by checking how often you do them.

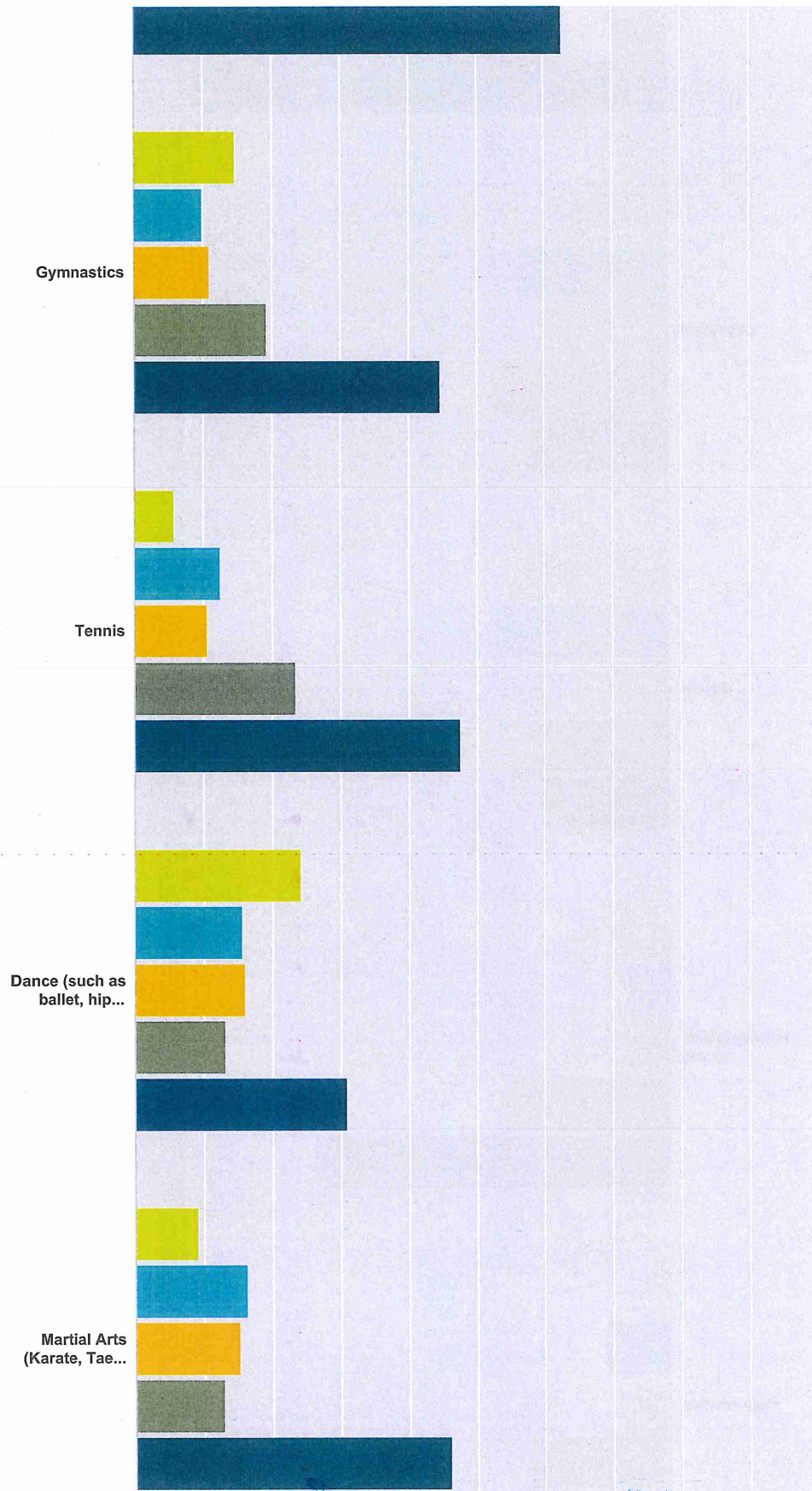
Answered: 497 Skipped: 3



Student Physical Activity Survey



Student Physical Activity Survey



Student Physical Activity Survey

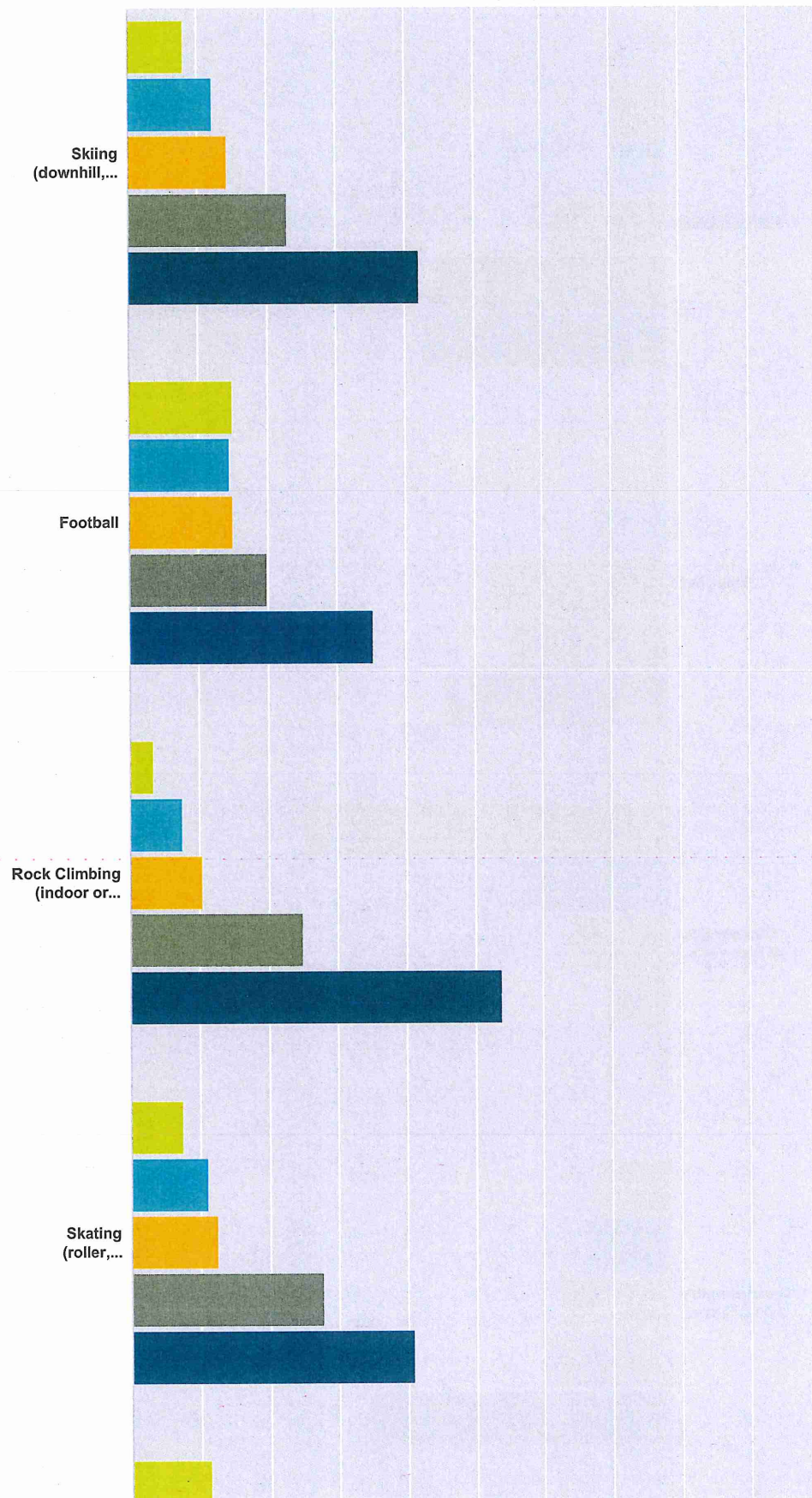
Hiking (uphill)

Volleyball

Outdoor play
at home or i...

Cross-Country
Skiing/Snow...

Student Physical Activity Survey



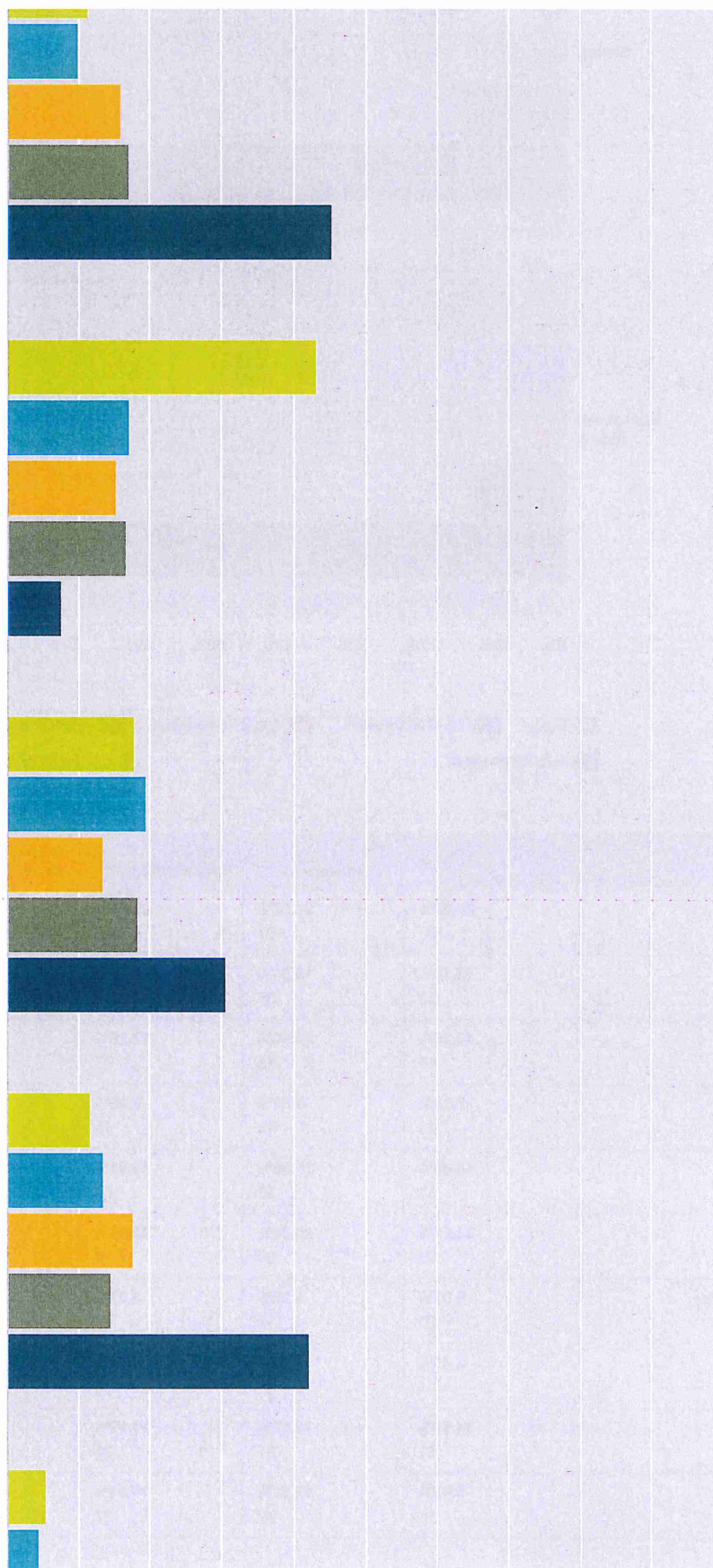
Student Physical Activity Survey

Skate Boarding

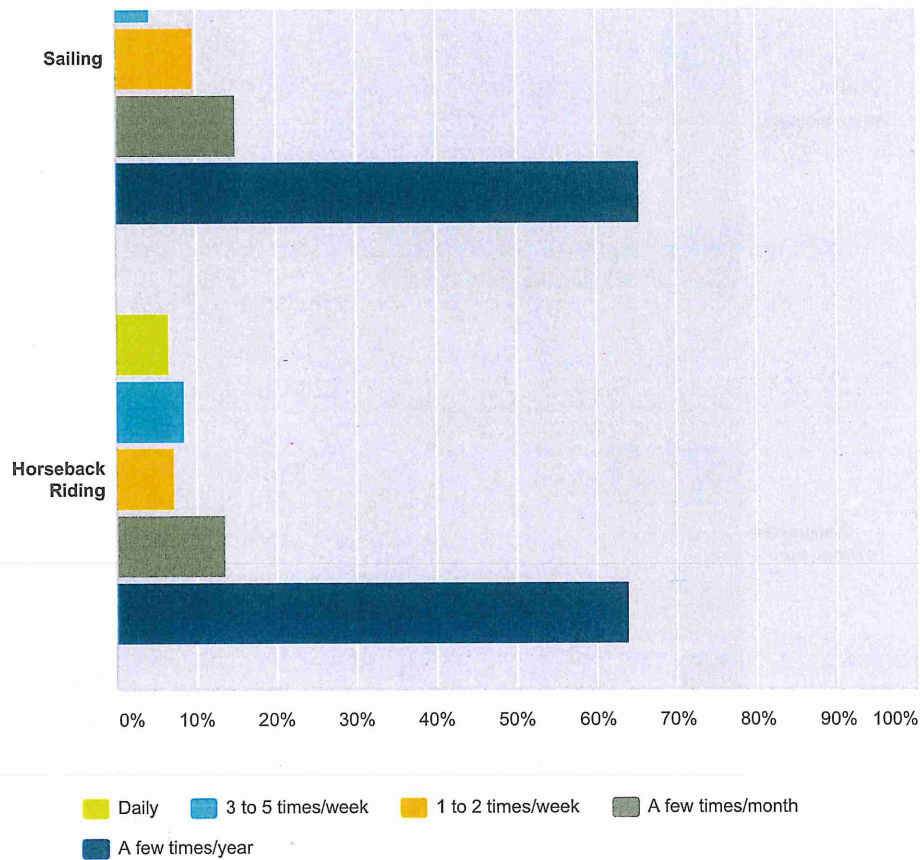
Walking (to school, arou...

Baseball/Softba
II

Yoga



Student Physical Activity Survey



	Daily	3 to 5 times/week	1 to 2 times/week	A few times/month	A few times/year	Total
Running	26.03% 120	27.77% 128	21.91% 101	16.49% 76	7.81% 36	461
Cycling/Biking	12.18% 53	19.54% 85	22.07% 96	31.26% 136	14.94% 65	435
Swimming	10.28% 44	21.50% 92	17.99% 77	26.87% 115	23.36% 100	428
Lacrosse	7.18% 13	6.63% 12	8.29% 15	8.29% 15	69.61% 126	181
Basketball	14.48% 53	21.86% 80	18.31% 67	25.41% 93	19.95% 73	366
Soccer	23.51% 83	25.21% 89	12.75% 45	19.83% 70	18.70% 66	353
Hockey (street or ice)	8.97% 20	6.28% 14	8.07% 18	24.66% 55	52.02% 116	223
Field Hockey	2.45% 4	9.20% 15	4.91% 8	20.86% 34	62.58% 102	163
Gymnastics	14.90% 31	10.10% 21	11.06% 23	19.23% 40	44.71% 93	208
Tennis	5.86% 15	12.50% 32	10.55% 27	23.44% 60	47.66% 122	256

Student Physical Activity Survey

Dance (such as ballet, hip hop, jazz)	24.15% 57	15.68% 37	16.10% 38	13.14% 31	30.93% 73	236
Martial Arts (Karate, Tae Kwon do, Judo)	9.24% 17	16.30% 30	15.22% 28	13.04% 24	46.20% 85	184
Hiking (uphill)	7.28% 23	6.96% 22	16.46% 52	33.86% 107	35.44% 112	316
Volleyball	8.04% 23	10.84% 31	25.87% 74	22.73% 65	32.52% 93	286
Outdoor play at home or in your neighborhood	53.21% 232	21.56% 94	13.99% 61	8.72% 38	2.52% 11	436
Cross-Country Skiing/Snow Shoeing	10.13% 23	12.33% 28	15.86% 36	18.06% 41	43.61% 99	227
Skiing (downhill, snowboarding or water)	8.10% 23	12.32% 35	14.44% 41	22.89% 65	42.25% 120	284
Football	15.08% 38	14.68% 37	15.08% 38	19.84% 50	35.32% 89	252
Rock Climbing (indoor or outdoor)	3.35% 9	7.43% 20	10.41% 28	24.91% 67	53.90% 145	269
Skating (roller, in-line or ice, but NOT ice hockey)	7.55% 21	11.15% 31	12.59% 35	27.70% 77	41.01% 114	278
Skate Boarding	11.56% 23	10.05% 20	16.08% 32	17.09% 34	45.23% 90	199
Walking (to school, around town)	43.22% 169	17.39% 68	15.35% 60	16.62% 65	7.42% 29	391
Baseball/Softball	17.96% 44	19.59% 48	13.47% 33	18.37% 45	30.61% 75	245
Yoga	11.74% 25	13.62% 29	17.84% 38	14.55% 31	42.25% 90	213
Sailing	5.41% 10	4.32% 8	9.73% 18	15.14% 28	65.41% 121	185
Horseback Riding	6.78% 12	8.47% 15	7.34% 13	13.56% 24	63.84% 113	177

#	Other physical activity (and how often you do it):	Date
1	I do badminton.	5/23/2014 2:29 PM
2	Playing with my family 3/5 times a week	5/23/2014 2:24 PM
3	football all day!! babyyyyyyy	5/23/2014 2:23 PM
4	. . .	5/23/2014 2:23 PM
5	wrestling with family - 1-3 times each week	5/22/2014 2:21 PM
6	Jump on the trampoline- 3-5 days a week	5/22/2014 2:19 PM
7	trampoline I do it about 2 times a week	5/22/2014 2:17 PM
8	Archery 1 day a week	5/22/2014 2:16 PM
9	fencing (3-4 times a week, 2 hour classes)	5/22/2014 2:14 PM
10	I am injured (fractured radius)i play soccer i cant play for a week	5/22/2014 10:58 AM
11	Cross country running: 3-5 times a week	5/22/2014 10:56 AM

Student Physical Activity Survey

12	Jumping on the trampoline. Mostly every day.	5/22/2014 10:56 AM
13	Playing tag or other outdoor games with my friends, family and dog.	5/22/2014 10:07 AM
14	Fishing 1-3 times a year.	5/22/2014 10:05 AM
15	Golf: 1-2 times per week	5/22/2014 10:05 AM
16	Working out my fingers and dreading homework	5/22/2014 10:05 AM
17	P90X (weight lifting, training, etc.) 1-2 times a week year round,	5/22/2014 8:25 AM
18	Ab workouts, I do them everyday to get fit and NICE	5/22/2014 8:23 AM
19	Trampoline, every day	5/22/2014 8:21 AM
20	Trampoline every day with friends	5/22/2014 8:21 AM
21	Qorquet once a month	5/22/2014 8:21 AM
22	Kendo 1 a week Archery 3 times a week Historical sword fighting class 1 a week	5/22/2014 8:20 AM
23	Musical Theatre, and 9 hours a week, or 3-5 days a week	5/22/2014 8:20 AM
24	batmentan every day	5/20/2014 2:29 PM
25	archery weekly streching daily	5/20/2014 2:28 PM
26	I do archery once in a while.	5/20/2014 2:24 PM
27	I lift weights once a week (if I'm not feeling lazy)	5/20/2014 1:20 PM
28	Roler skiing twice a week Core and strength twice a week	5/20/2014 1:20 PM
29	Jump rope, 2-4 times a week.	5/20/2014 1:18 PM
30	Kick ball	5/20/2014 1:18 PM
31	Tabata	5/20/2014 1:15 PM
32	I do sit ups	5/20/2014 12:24 PM
33	Awesomeness:24 hours a day	5/20/2014 12:24 PM
34	Playing the drums a few times a week.	5/20/2014 12:24 PM
35	Cardio 5-7 days (I had surgery and am building up activity)	5/20/2014 12:23 PM
36	I work out in a gym	5/20/2014 10:18 AM
37	I walk my dog everyday in the woods for 45 minutes	5/20/2014 8:18 AM
38	Visiting friends towns every weekend and walking around as we'll as non-stop walking at a mall every Friday.	5/20/2014 8:15 AM
39	N/A	5/20/2014 8:15 AM
40	Gym class once or twice a week.	5/20/2014 8:15 AM
41	My trampoline every day.	5/19/2014 2:17 PM
42	Trampoline=Daily	5/19/2014 2:16 PM
43	tree-climbing-daily	5/19/2014 2:14 PM
44	Playing on my trampoline Every day	5/19/2014 2:12 PM
45	dance (daily)	5/19/2014 2:12 PM
46	Waterskiing every summer.	5/19/2014 1:25 PM
47	Exercising with machines indoor activities working out, 3-5 times a week.	5/19/2014 1:21 PM
48	I walk a dog 3 times a week.	5/19/2014 1:18 PM
49	Outdoor yard work once a week	5/19/2014 1:17 PM

Student Physical Activity Survey

50	None.	5/19/2014 1:05 PM
51	Violin for more than one hour	5/19/2014 1:05 PM
52	I do pull downs and do legs crunches and stomach crunches one to two times a week	5/19/2014 1:05 PM
53	I often also plat golf and jump on my trampoline	5/19/2014 1:04 PM
54	Water polo once a week Mowing the lawn with a push mower once a week	5/19/2014 1:03 PM
55	No	5/19/2014 1:00 PM
56	Windsurfing, once or twice a week.	5/19/2014 12:59 PM
57	Track and field	5/19/2014 12:57 PM
58	Stretching - a few times a month	5/19/2014 9:19 AM
59	Gardening--a few times a month	5/19/2014 9:17 AM
60	Push-ups, Sit ups, Daily	5/19/2014 9:16 AM
61	Working out... Daily	5/19/2014 9:15 AM
62	Badminton - daily	5/19/2014 9:14 AM
63	Zumba few times a year	4/30/2014 9:09 AM
64	Acrobatics, lift weights	4/30/2014 9:08 AM
65	Track and field, I do 3 to 5 times a week.	4/30/2014 9:08 AM
66	Theater (2 or 3 times a week)	4/30/2014 9:07 AM
67	Play 'pass' with peers 3/5 times a week	4/29/2014 1:25 PM
68	Pull ups a few times a year	4/29/2014 1:20 PM
69	I do archery every single weekend. Or do target practice with my BB gun.	4/29/2014 1:20 PM
70	I like playing hide and seek .i play it a lot .also I play bike/scooter tag a lot.	4/29/2014 1:20 PM
71	I do pull ups, sit ups and push ups at home.	4/29/2014 10:51 AM
72	Ripstiking around the house and try to participate in every sport I like and want to do.	4/29/2014 10:49 AM
73	I walk my puppy daily and play with my puppy daily	4/29/2014 10:48 AM
74	I like to try every sport that I can partiapate in.	4/29/2014 10:47 AM
75	Cheering every day	4/29/2014 10:45 AM
76	Scootering	4/29/2014 8:20 AM
77	Fishing, normal, off a boat	4/29/2014 8:20 AM
78	I sometimes walk around the block (3 to 5 times a week.	4/28/2014 10:04 AM
79	Video Games & Board games	4/28/2014 10:02 AM
80	Scooter every day	4/28/2014 10:02 AM
81	Fishing, normal, off a boat	4/28/2014 10:01 AM
82	Scootering	4/28/2014 9:58 AM
83	Plaing at the park. Daily!	4/17/2014 10:17 AM
84	I do tumbling but that's like gymnastics.	4/17/2014 10:13 AM
85	Tree climbing. I do it in my back yard.	4/17/2014 10:13 AM

Student Physical Activity Survey

86	Sometimes I go outside and play basketball. I also dance with my friends. I walk to the park, skate park, also I do a lot of running. Last year I did a total of 3 5k's. (it's about 3 to 4 miles.) also I go to the pool and swim laps. Or just go to the deep end and try to touch the bottom. I also like to play soccer my dad is getting me on a team. I also like field hockey.	4/9/2014 12:27 PM
87	Walking my dogs.	4/9/2014 12:24 PM
88	I exercise daily at home, and every weekend I go to the gym and workout for a little over an hour.	4/9/2014 12:23 PM
89	I excersice and stretch (push ups, sit ups, jumping jacks, planking, butterfly, arm stretch, touching toes) every morning when I get up.	4/9/2014 12:20 PM
90	I like cheerleading.	4/9/2014 12:20 PM
91	Wrestling and I do it in the winter.	4/9/2014 12:19 PM
92	Doing Weighted Squats at the Gym: 3 to 5 times a week	4/9/2014 12:17 PM
93	I sometimes walk the dogs, around 3 times a month, I sometime go to the gym 2 times a week.	4/9/2014 12:17 PM
94	Walking my dogs (daily) Working out on my home Elliptical (Twice a week for 30 min)	4/9/2014 12:15 PM
95	I workout at the gym daily. Gotta get in shape for next football/basketball season!!!	4/9/2014 12:15 PM
96	I workout every single day with my dad. I'm on a travel baseball and hockey team. I do play lots of xbox but i'm still in shape. My gym class at school we rarely do any physical stuff she just talks to us about safety and stuff, it's really boring because we can never do fun stuff because she is super safe. I lift weights, I run up steep hills carrying a sled behind me with weights in it, I drink protein shakes etc.	4/9/2014 11:50 AM
97	Swimming, Soccer	4/9/2014 11:49 AM
98	5 minute interval training every morning	4/9/2014 11:46 AM
99	I mostly walk, dance, and sometimes swim. I'm not too athletic when it comes to sports...Well, I am pretty good at Capture The Flag, but I'm awesome at Dodge Ball.	4/9/2014 10:46 AM
100	boxing-daily working out-daily	4/9/2014 10:37 AM
101	I am in a wheelchair and I use that everyday.	4/9/2014 10:35 AM
102	Pull ups few times a month	4/9/2014 10:34 AM
103	Sing:Daily	4/9/2014 10:33 AM
104	Football daily	4/9/2014 10:30 AM
105	I dance 6 days a week. (Monday through Thursday is an hour and 45 minutes, Friday is two hours and Sunday is a hour.	4/9/2014 10:29 AM
106	track	4/9/2014 9:01 AM
107	weight lifting daily	4/9/2014 8:52 AM
108	Bowling Once a week	4/9/2014 8:51 AM
109	Watching T.V. on the couch, then getting up to grab some chips.	4/9/2014 8:31 AM
110	Wrestling twice a week	4/9/2014 8:25 AM
111	Tag	4/9/2014 8:24 AM
112	I play racquetball a few times a month.	4/9/2014 8:23 AM
113	I do scootering sometimes, yet since the snow is out at the time. I can't do much	4/9/2014 8:23 AM
114	I play baseball on a league outside of school practice is an hour games after school if there is no papers twice or games	4/9/2014 8:23 AM
115	I mainly when I go outside with my friends I play dance with them or my friend who does gymnastics teaches me gymnastics a lot. I hang out almost every day.	4/9/2014 8:21 AM
116	Softball with friends	4/9/2014 8:20 AM

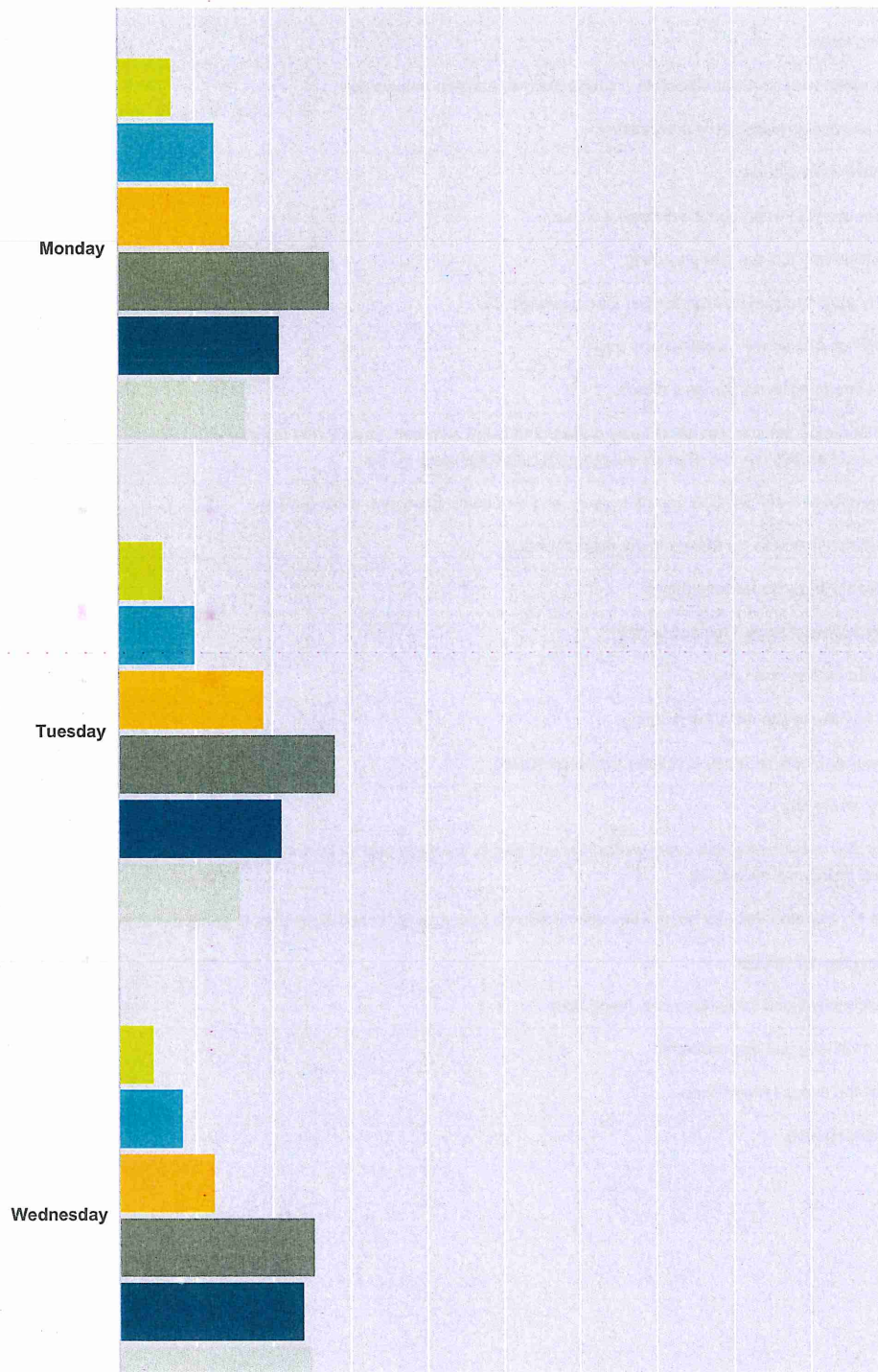
Student Physical Activity Survey

117	I lift weights when I go to the gym 3-5 times a week.	4/9/2014 8:19 AM
118	I have soccer 6 times a week. 3 days out of the week I do conditioning, which is push-ups, curl ups, sprinting, running, rowing, etc. I walk to and from school every day.	4/9/2014 8:18 AM
119	I walk to school daily and I go to some stores with my friends 1 or 2 times a week.	4/9/2014 8:18 AM
120	Fencing - Daily	4/9/2014 8:17 AM
121	I walk my dog	4/9/2014 8:16 AM
122	I did bowling on Saturdays, but it stopped this year in March. I also do Girl Scout, that involves camping, acting/play writing, team work, and much more fun things. I also play outside mostly everyday.	4/2/2014 11:56 AM
123	Claiming trees	4/2/2014 11:54 AM
124	Skiing, when ever it snows. Baseball, I'm on a team so practice and games	4/2/2014 11:53 AM
125	I have physical therapy every Wednesday.	4/2/2014 11:53 AM
126	I also love roller blading.	4/2/2014 11:52 AM
127	Construction with wood about 3-5 times a week.	4/2/2014 11:52 AM
128	I go outside and just run and play daily.	4/2/2014 11:51 AM
129	I usually go to the gym and run 2 miles then go weight lift.	4/2/2014 11:50 AM
130	I usually run around my neighborhood daily	4/2/2014 11:47 AM
131	I do cheerleading about 3times a month.	4/2/2014 11:46 AM
132	I run a lot during the summer when I play outside and in the summer I usually ride my bike and I usually walk to school and I always run to a after school program called the youth center	4/2/2014 11:46 AM
133	We play a lot of really physical games in gym , and we usually have gym twice a week.	4/2/2014 11:46 AM
134	I some times play with my friends in my neighbor hood	4/2/2014 11:46 AM
135	I play tennis in my house sometimes	4/2/2014 11:45 AM
136	Scooter 2 times a week Trampoline daily	4/2/2014 11:45 AM
137	Video games play each day	4/2/2014 11:44 AM
138	Riding my bike to school in the morning.	4/2/2014 11:44 AM
139	I do cheer and now on brake and soon gonna do soccer	4/2/2014 11:43 AM
140	Archery, every day	4/2/2014 11:43 AM
141	I mostly play outside because every winter I ski and hike in the snow and int eh summer, I play a lot of games including hiking and swimming.	4/2/2014 11:43 AM
142	I run on my treadmill daily for about 45minutes. I also do push-ups for about 20minutes to get better at push-ups.	4/2/2014 11:43 AM
143	Hunting a few times/year	4/2/2014 11:43 AM
144	Play catch with friend Daily Race with friend daily	4/2/2014 11:43 AM
145	Workout with my dad and brothers	4/2/2014 11:42 AM
146	Some of the things I never done.	4/2/2014 11:42 AM
147	Play with dog daily	4/2/2014 11:41 AM

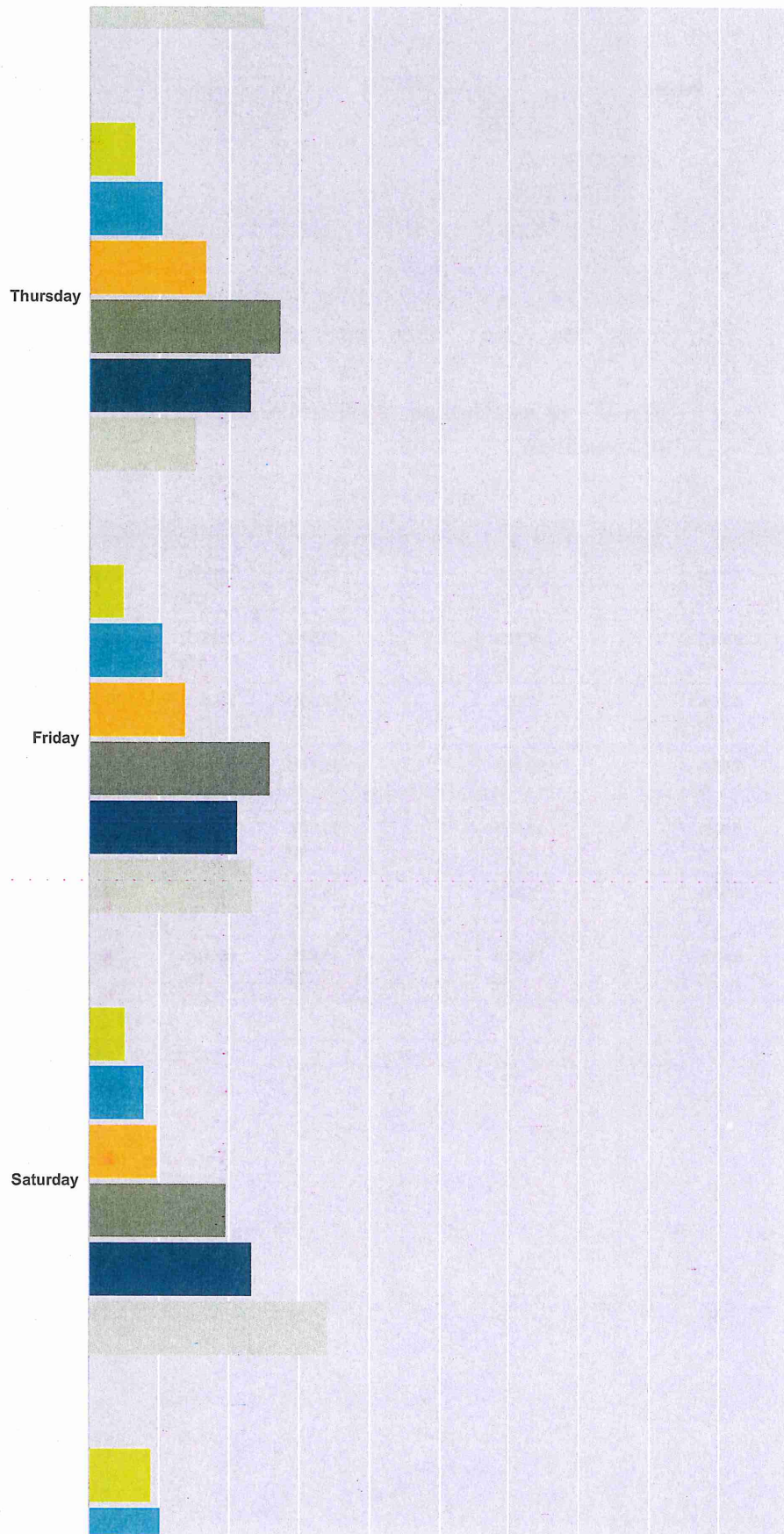
Student Physical Activity Survey

Q5 How much time do you spend being physically active each day? Please add up the TOTAL time you spend on the physical or sporting activities that you checked in the question above.

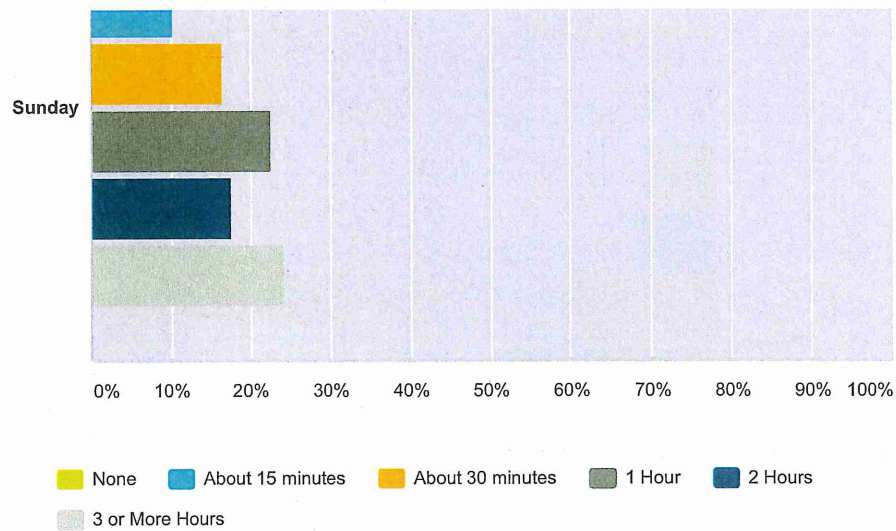
Answered: 494 Skipped: 6



Student Physical Activity Survey



Student Physical Activity Survey



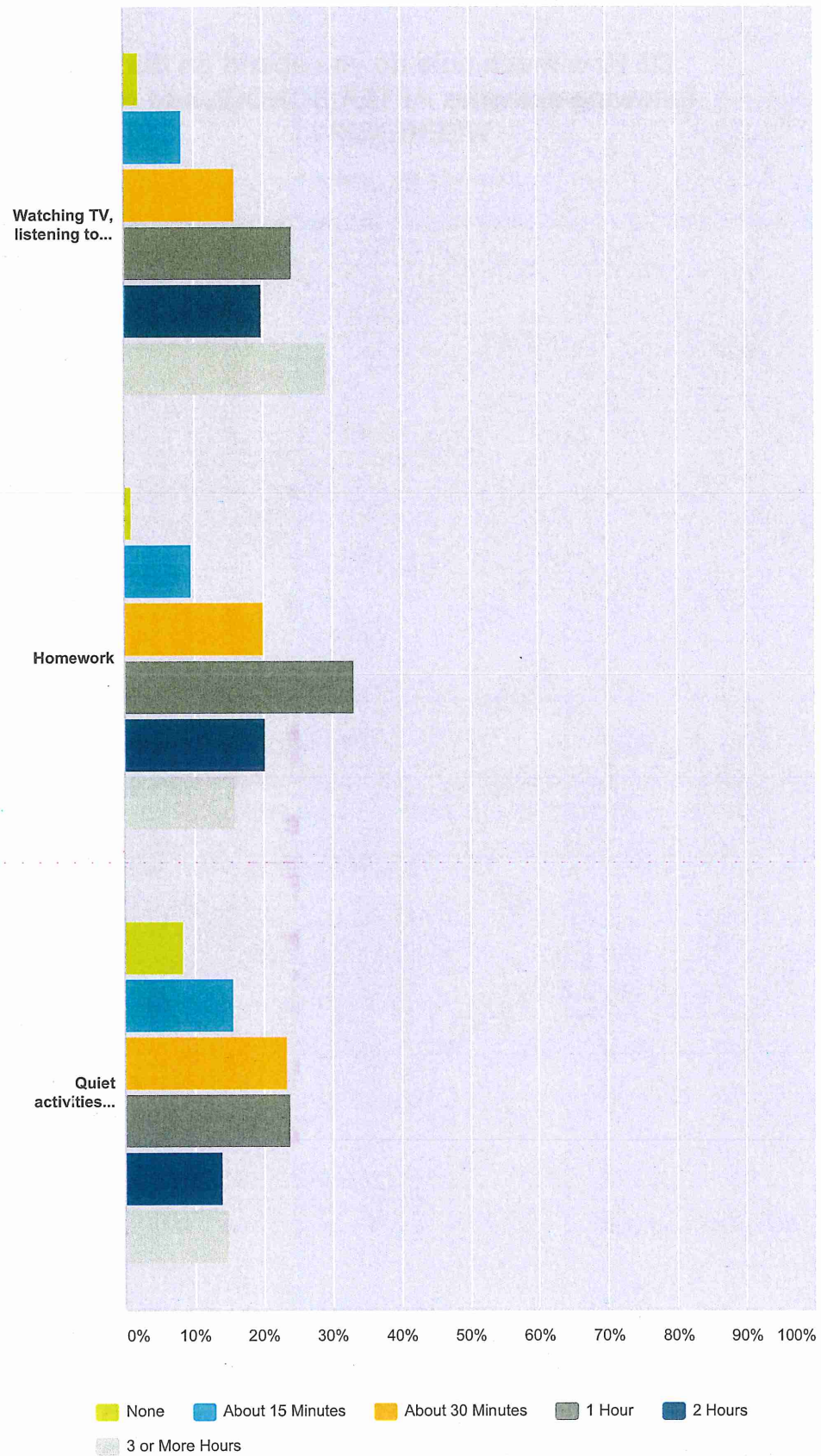
	None	About 15 minutes	About 30 minutes	1 Hour	2 Hours	3 or More Hours	Total
Monday	7.14% 35	12.65% 62	14.90% 73	27.55% 135	21.02% 103	16.73% 82	490
Tuesday	5.82% 28	9.98% 48	18.92% 91	28.27% 136	21.21% 102	15.80% 76	481
Wednesday	4.55% 22	8.28% 40	12.63% 61	25.47% 123	24.02% 116	25.05% 121	483
Thursday	6.65% 32	10.60% 51	16.84% 81	27.44% 132	23.08% 111	15.38% 74	481
Friday	5.00% 24	10.63% 51	13.96% 67	25.83% 124	21.25% 102	23.33% 112	480
Saturday	5.17% 25	7.85% 38	9.71% 47	19.63% 95	23.35% 113	34.30% 166	484
Sunday	9.03% 43	10.29% 49	16.60% 79	22.48% 107	17.44% 83	24.16% 115	476

Student Physical Activity Survey

Q6 How much time do you spend on the following activities AFTER SCHOOL and on WEEKENDS?

Answered: 494 Skipped: 6

Student Physical Activity Survey



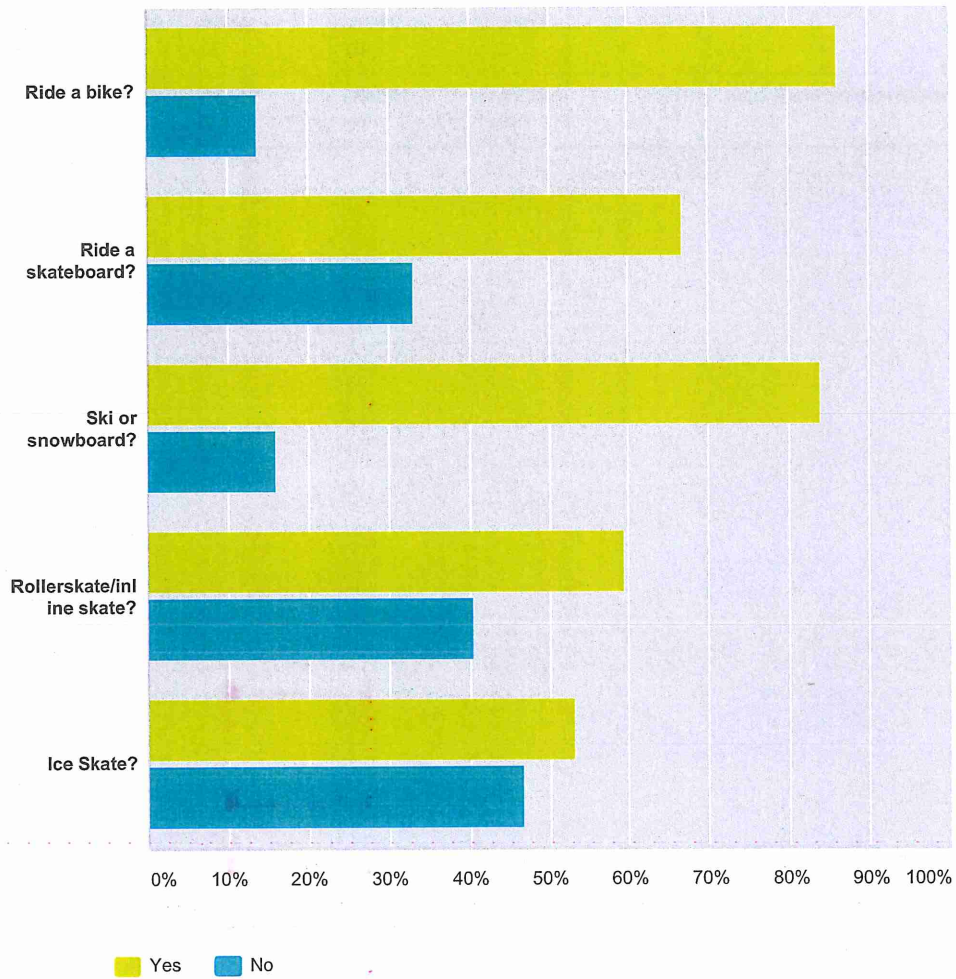
Student Physical Activity Survey

	None	About 15 Minutes	About 30 Minutes	1 Hour	2 Hours	3 or More Hours	Total
Watching TV, listening to music, playing on computer, gaming device or console	2.25% 11	8.38% 41	16.16% 79	24.13% 118	19.84% 97	29.24% 143	489
Homework	1.07% 5	9.66% 45	19.96% 93	33.26% 155	20.17% 94	15.88% 74	466
Quiet activities (such as reading, arts & crafts, etc.)	8.26% 40	15.70% 76	23.35% 113	23.76% 115	14.05% 68	14.88% 72	484

Student Physical Activity Survey

Q7 Do you wear a helmet when you:

Answered: 485 Skipped: 15



	Yes	No	Total
Ride a bike?	86.22% 413	13.78% 66	479
Ride a skateboard?	66.78% 193	33.22% 96	289
Ski or snowboard?	84.02% 305	15.98% 58	363
Rollerskate/inline skate?	59.60% 208	40.40% 141	349
Ice Skate?	53.22% 182	46.78% 160	342

#	If "no", please explain why not.	Date
1	Cause I have lots of experience and can control myself, and if i fall, i know how to (i don't skate board)	5/23/2014 2:29 PM

Student Physical Activity Survey

2	I feel more free without a helmet.	5/23/2014 2:29 PM
3	i don't wear a helmet while rollerskating because i go to roller kingdom and they don't supply helmets	5/23/2014 2:28 PM
4	Because my parents don't like to rent a helmet for me	5/23/2014 2:25 PM
5	because i dont do those sports	5/23/2014 2:24 PM
6	im a REALLY good skater and i dont like ever fall so i dont need a helmet	5/23/2014 2:23 PM
7	Well, i'm going around 10' so i can't go fast and get hurt bad.	5/23/2014 2:23 PM
8	I don't wear a helmet because I am terribly good at rollerblading. I some times i use a helmet when I bike and sometimes i don't. I like being careful since the time I almost got hit by a car.	5/22/2014 2:31 PM
9	Well if you do those things your not likely to land on your head, but if I didn't know how to do those things I would wear a helmet	5/22/2014 2:22 PM
10	at the ice skating rink I go to, they don't rent out helmets because of lice incidents	5/22/2014 2:20 PM
11	I don't know how to because I never learned	5/22/2014 2:17 PM
12	Im pretty good at skating so I shouldn't need one and my parents allow me not to wear one.	5/22/2014 2:17 PM
13	I am really good at rollerblading and skateboarding and dont fall	5/22/2014 2:17 PM
14	No because I don't do it	5/22/2014 2:16 PM
15	because I don't do those things	5/22/2014 2:14 PM
16	i dont care	5/22/2014 2:13 PM
17	No because I am a really good skier and I can do it with out	5/22/2014 11:01 AM
18	When Rollerskating I don't fall and I don't ice skate or ski or snowboard.	5/22/2014 10:59 AM
19	I dont rollerskate	5/22/2014 10:58 AM
20	Because I've biked and skate boarded since I was 5and I'm pretty good at riding them and I rarely fall	5/22/2014 10:57 AM
21	I am an experienced skater and I know the risk but I am responsible.	5/22/2014 10:57 AM
22	I don't know but I probably start wearing one.	5/22/2014 10:56 AM
23	I don't do those things.	5/22/2014 10:55 AM
24	i usually don't go long distances or on a busy rode	5/22/2014 10:06 AM
25	I do!!!!	5/22/2014 10:06 AM
26	I just don't really find it nessasary because all it does is make my head way more	5/22/2014 10:05 AM
27	I do not skateboard, and I am a very high level skater and so I do not use a helmet.	5/22/2014 10:05 AM
28	Cause u don't go on long bike rides pulse when I am ridding a skate board I am sitting	5/22/2014 10:05 AM
29	Do need one and don't have one.	5/22/2014 10:04 AM
30	Because I have been practicing a lot on bikes, I have been riding since I was four.	5/22/2014 10:04 AM
31	Because.	5/22/2014 10:03 AM
32	I dont play hockey and when I skate I am not putting myself in enough danger to wear a helmet. Also, I only will skate for at most 30 mins at a time.	5/22/2014 8:25 AM
33	I do not wear a helmet while ice skating because usually there is a lot of other people on the rink and not a risk of falling as much and I am a considerably good skater with good control.	5/22/2014 8:24 AM
34	I was going down a hill that was not at all steep on skis For ice skating I can block myself from the fall	5/22/2014 8:23 AM
35	I don't go very fast while skating, and I don't figure skate. I just skate to have fun, and I don't fall very much. I've skated for a very long time and when I was learning I wore a helmet.	5/22/2014 8:23 AM
36	I don't want to and I'm good at it	5/22/2014 8:23 AM

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37	Because I feel safe with the activity and feel I that I am comfortable with my skill level and am not pushing myself past my limits.	5/22/2014 8:21 AM
38	I'm in the indoor roller scaring and if I fall I will land on a regular floor	5/22/2014 8:21 AM
39	Its pointless to make your head sweat if you dont want it to	5/22/2014 8:21 AM
40	When I ice skate I usually don't fall and if I do fall it's rare that I would fall on my head.	5/22/2014 8:21 AM
41	Cause I don't want to...	5/22/2014 8:21 AM
42	I don't do all if them	5/22/2014 8:21 AM
43	I almost never skateboard. I can roller skate without falling. I go slow when I ice skate.	5/22/2014 8:21 AM
44	Skateboard-I don't do it that often, so I don't really see the need Ice skate- I skate locally and there's really no need	5/22/2014 8:20 AM
45	because my helmet is to small and i go slow and i am carefull when i do these things	5/20/2014 2:29 PM
46	because i feel confident when i do these stuff	5/20/2014 2:29 PM
47	my parents don't make me	5/20/2014 2:28 PM
48	my parents don't make me	5/20/2014 2:27 PM
49	I don't wear a hemet ice skating because I typically hold on to the wall and I also wear a hat	5/20/2014 2:26 PM
50	For inline skating, I feel as though I will never hit my head when roller skating and I go to roller kingdom to rollerblade so I won't run into trees or anything like that.	5/20/2014 2:25 PM
51	I said no because i don't have a bike helmet and and I only go rollerskating at fun places like united skates of america and they don't have helmets.	5/20/2014 2:25 PM
52	I don't were a helmet when I inline skate because I see lots of people who don't and I'm very cautious when I do skate, and when people do fall down, they usually don't get injured very much, but sometimes they do.	5/20/2014 2:25 PM
53	i dont where a helmate when ice skating because i dont fall a ton so i dont really hit my head so there is no reason to where a helmata	5/20/2014 2:24 PM
54	I don't wear a helmet when skating because a) I don't think I'm actually going to fall on my head, and b) because I think I don't fall too often when skating, anyway.	5/20/2014 2:24 PM
55	Because I do not do it often and if I do I go indoor	5/20/2014 2:23 PM
56	i do not skate at all.	5/20/2014 2:22 PM
57	I don't wear a helmet when skating because a) I don't think I'm actually going to fall on my head, and b) because I think I don't fall too often when skating, anyway.	5/20/2014 2:22 PM
58	Because I skate outside on a pond that isn't busy and it's surrounded by snow so I don't need one.	5/20/2014 1:18 PM
59	I go inside roller skating	5/20/2014 1:18 PM
60	I can't really hurt my head ice skating so a helmet is just annoying	5/20/2014 1:18 PM
61	because I dont do that steep downhill ski hills, and i dont need one cross country skiing, and ice doesnt hurt that much if you fall.	5/20/2014 1:18 PM
62	Because It isn't swag to do so.	5/20/2014 1:18 PM
63	Icannot ride a skateboard. Broke a wrist trying once	5/20/2014 1:17 PM
64	Too good for that stuff	5/20/2014 1:17 PM
65	No. Im black and nobody in Boston wears helmets. Plus theyre annoying and expensive	5/20/2014 1:17 PM
66	Because I don't need one.	5/20/2014 1:17 PM
67	I don't have a helmet oops	5/20/2014 1:16 PM
68	I am pretty good at skating and I'm not required to at my level.	5/20/2014 1:15 PM
69	I don't do all of the sports	5/20/2014 1:15 PM

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70	Because it's ugly	5/20/2014 1:15 PM
71	Because I don't want to	5/20/2014 12:24 PM
72	I don't need a helmet to ski. I only use a helmet when I roller ski	5/20/2014 12:24 PM
73	I'm used to it. And am trained enough so I don't use on	5/20/2014 12:23 PM
74	I do not play hockey, or anything that might cause a concussion.	5/20/2014 12:23 PM
75	Because I don't want to	5/20/2014 12:23 PM
76	Biking is not for speed just to get around so i dont wear one. I am a very competent skater and roller skater because ive played hockey since 8 and skated since 5	5/20/2014 12:22 PM
77	For roller skating I do not wear a helmet because I'm indoors and also because I don't want to bring my helmet to a roller rink.	5/20/2014 10:22 AM
78	I don't know, I don't fall very often.	5/20/2014 10:21 AM
79	I don't wear a helmet when I rollerskate because I usually go indoor rollerskating and I feel I don't need it.	5/20/2014 10:20 AM
80	I have done it enough that I fall rarely.	5/20/2014 10:18 AM
81	I don't roller skate, inline skate, or ice skate very often so I don't see the need to buy a helmet.	5/20/2014 10:18 AM
82	Because I feel comfortable on the routes I'm taking and don't fear that I will injury myself in a sense that I need a helmet	5/20/2014 10:18 AM
83	Usually I roller skate inside a place meant for roller skating. No one is ever wearing them nor does the place provide them.	5/20/2014 10:18 AM
84	Because I feel good when I'm on a bike and I no I won't fall	5/20/2014 10:18 AM
85	I don't wear a helmet when I skate because I do not skate aggressively.	5/20/2014 8:18 AM
86	I do not wear a helmet when ice skating because I don't skate aggressively.	5/20/2014 8:18 AM
87	Because I don't want to	5/20/2014 8:17 AM
88	I don't do them or I know to be careful while doing the activity.	5/20/2014 8:15 AM
89	I don't feel like it	5/20/2014 8:15 AM
90	I don't wear one because it gets annoying	5/20/2014 8:15 AM
91	Because most of the things that need a helmet don't need a helmet.	5/20/2014 8:15 AM
92	It never occurred to me to wear one	5/20/2014 8:14 AM
93	because I don't like things on my head such as hoods hats ect	5/19/2014 2:18 PM
94	For ice skating I don't wear a helmet because I never fall on my head and I don't fall skating	5/19/2014 2:18 PM
95	No!	5/19/2014 2:17 PM
96	I left some blank because I do not do them.	5/19/2014 2:16 PM
97	ice skate/roller skating: Because I never fall, and if I do I know how to fall not on my head	5/19/2014 2:15 PM
98	Biking:sometimes Ice skating:I don't know	5/19/2014 2:15 PM
99	Because I have learned how to skate pretty well.	5/19/2014 2:14 PM
100	Because I don't do any of those things.	5/19/2014 2:14 PM
101	Because I am really good at those activities	5/19/2014 2:13 PM
102	No	5/19/2014 2:12 PM
103	I know how to control my feet or my body.	5/19/2014 2:12 PM
104	Because I feel too uncomfortable and anxious in a helmet. It's like having a bad hair day, it's annoying and it looks bad. Also, I already feel like I know what I'm doing and I can trust myself.	5/19/2014 1:25 PM

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105	I don't own a helmet and I think because iv'e never owned a helmet that I've found a way to be comfortable without one so I never felt the need to wear one	5/19/2014 1:22 PM
106	Because I never do the activity or I feel that I do not require the activity because the are that I do it in is safe.	5/19/2014 1:21 PM
107	I'm not required and I have never and rarely fall in my head while doing some of the activities above plus I don't do them as often.	5/19/2014 1:19 PM
108	Because there is no need	5/19/2014 1:19 PM
109	For skateboarding I'm pretty good at it and I don't do tricks so I would not fall on my head. The same goes for skating.	5/19/2014 1:18 PM
110	Can't stand helmets but always safe	5/19/2014 1:17 PM
111	It's easier for me and I don't like all the weight on my head while in riding things.	5/19/2014 1:17 PM
112	I just haven't really thought about wearing 1 while skateboarding	5/19/2014 1:16 PM
113	When you're ice skating, you have to be 7 or under, and I'm older than that, so, I don't have to wear a helmet.	5/19/2014 1:05 PM
114	I don't inline skate.	5/19/2014 1:05 PM
115	I do not wear a helmet ice skating because I have yet to hit my head on anything.	5/19/2014 1:03 PM
116	I don't like helmets, they are unconverted	5/19/2014 1:01 PM
117	For skateboarding I barely fall and if I do I don't hit my head	5/19/2014 1:01 PM
118	Because they are stupid and uncomfortable. Duh	5/19/2014 1:00 PM
119	I skateboard in Bulgaria and I don't have a helmet there.	5/19/2014 12:59 PM
120	It is not expected of me in the facilities I visit.	5/19/2014 12:57 PM
121	No need I'm good at it	5/19/2014 12:57 PM
122	I'm not quite sure.	5/19/2014 9:19 AM
123	I don't wear a helmet for skate boarding because I don't skate board. The same thing for roller skating. I used to use a helmet for skating and now I don't know why.	5/19/2014 9:18 AM
124	Because I can skate and I don't fall on my head and a helmet is not gonna help a bleeding elbow but it doesn't hurt and as I practice new tricks I may wear a helmet.	5/19/2014 9:16 AM
125	I usally rollar blade at rollar kingdom Indont felmlike wareimg a helmet while im biking	5/19/2014 9:14 AM
126	I don't skateboard, rollerskate, or ice skate	5/19/2014 9:14 AM
127	It seems unnesacary. People have done fine ice scateing without helmets for a long time and they are still around. I use it in a bike because I go faster than I naturally.	5/19/2014 9:13 AM
128	I don't when I roller skate because I am very experienced and good at it so I never fall anyway.	4/30/2014 9:09 AM
129	I do not use a helmet in skating because I have gotten very good at it.	4/30/2014 9:07 AM
130	My parents think skiing is to dangerous and that I should do it when I am older. I usually ice skate, but this year I didn't have any time.	4/30/2014 9:06 AM
131	No because I am advanced.	4/30/2014 9:06 AM
132	Some of these things I don't do	4/30/2014 9:05 AM
133	I tried bike riding a long time ago and I gave up now that I'm older i tried again and i can bike ride the only problem is when i went to go get my helmet from a long time ago i found out it is too small.	4/29/2014 1:22 PM
134	For rolloer skateing i do not wear a helmet because at all the rolloer skating place they dont Have them. The first time i went ice skating i lost my balance alot and that is why i do not wear a Helmet ice skating	4/29/2014 1:21 PM
135	I don't have a skateboard and I don't roller skate, or ice skate.	4/29/2014 1:20 PM
136	Because if you are good at it it is harder for you to fall and also when I do roller skating sense I am good at it I don't where a helmet and I where a hat whiled ice skating	4/29/2014 1:19 PM

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137	For roller skating they don,t really have helmets for us to wear but if they did then I would wear it.	4/29/2014 1:16 PM
138	I do not wear a helmet when I ripstick because I do it around the house.	4/29/2014 10:49 AM
139	No because I do not fall in skating anymore because I have better balance	4/29/2014 10:48 AM
140	I am in a high level in skating and both my coach and parents are okay if I don't because I'm pretty good and when I fall I recover quick.	4/29/2014 10:48 AM
141	Because I have a lot of practice in them.	4/29/2014 10:47 AM
142	I do not go skateboarding I dont wear a helmet for ice skating because i do figure skating	4/29/2014 10:46 AM
143	I do not go skateboarding I dont wear a helmet for ice skating because i do figure skating	4/29/2014 10:46 AM
144	I do not go fast or down	4/29/2014 10:46 AM
145	because I have seen in the Olympics that skaters don't wear helmets	4/29/2014 10:45 AM
146	I don't skate board. I just free skate. I don't roller skate	4/29/2014 10:45 AM
147	The things that I did not check I do not do	4/29/2014 10:45 AM
148	No because I am really good at it and I am very safe when i do it	4/29/2014 10:45 AM
149	Because I land my jumps on grass	4/29/2014 8:20 AM
150	Land jumps on grass	4/29/2014 8:20 AM
151	No because i don't play those sports.	4/28/2014 10:04 AM
152	I don't do sports man	4/28/2014 10:02 AM
153	Land jumps on grass	4/28/2014 10:01 AM
154	Because I've been roller skating for 4 years	4/28/2014 10:00 AM
155	I am not a baby I could take the pain when I fall	4/28/2014 10:00 AM
156	Because I land my jumps on grass	4/28/2014 9:58 AM
157	I like have never tried nor do I intend to do all of the activities exept snow boarding. I rarely do snow boarding,and when I don't i do it on a sled.	4/17/2014 10:19 AM
158	I Do not because I do not know how to ride any of those above.	4/17/2014 10:16 AM
159	For skateboard,snowboard,ski,rollarskates,inlineskates, and ice skates I all don't do .	4/17/2014 10:14 AM
160	Sometimes I can't because I can't find one.	4/17/2014 10:13 AM
161	I do not where a helmet when I am ice skating because usually I don't fall on my head, I fall on my elbows.	4/9/2014 12:24 PM
162	I don't wear a helmet when I ice skate because I go to an indoor rink and they're not required there. Also, I hardly ever go ice skating, I haven't gone in over a year.	4/9/2014 12:23 PM
163	No because all it is is snow and it has never hurt me befor	4/9/2014 12:21 PM
164	Some were blank because I don't skateboard, ski, or snowboard.	4/9/2014 12:20 PM
165	I don't do those things that often and I'm not very good at some of them.	4/9/2014 12:19 PM
166	No I don't ice skate with a helmet because I hold on to the side the whole time and go slowly.	4/9/2014 12:19 PM
167	No for skateboarding because I don't skateboard, I don't wear a helmet for roller skating because I usually don't do it on the street I do it at a roller skating rink (not ice rinks regular roller skating rinks) and no for ice skating because you usually won't hurt your head you will just fall on your bottom.	4/9/2014 12:18 PM
168	I don't need a helmet for roller skating at a rink indoors, it's not that dangerous and I don't go very fast.	4/9/2014 12:18 PM
169	No not all the time I might forget or not be riding for a long time just down the street, but I should wear one all the time!	4/9/2014 12:18 PM
170	I am a talented ice skated and am completely capable of keeping my balance when I'm not playing hockey.	4/9/2014 12:17 PM

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171	Because there things I don't do or don't need a helmet	4/9/2014 12:16 PM
172	For skateboarding I don't wear a helmet because I don't skateboard, I just find it exciting to me. For rollerskating I don't wear a helmet because when/if I do fall I fall forward on my hands and knees, I also don't go rollerskating that much as I use to.	4/9/2014 12:16 PM
173	I don't really do these activities	4/9/2014 12:15 PM
174	I don't wear a helmet when I roller skate and ice skating because when I roller skate I don't go very far and when i ice skate I'm not very good so I hold onto the barricade.	4/9/2014 12:15 PM
175	some of these things i haven't done so I can't say that i wear a helmet for most of these activities. I would wear a helmet for them though.	4/9/2014 11:51 AM
176	I don't need a helmet when I ride a bike because I can ride a bike good. I don't ride skateboards. I do use a helmet when I ski because its required. I don't roller skate. And I don't use a helmet when I ice skate because I'm experienced and will never fall when I skate, the only time I wear a helmet ice skating is hockey games and practices.	4/9/2014 11:50 AM
177	For Rollerskating its because, I'm very good at it and really never fall. For Ice Skating is because I'm not that scared and I'm good at it.	4/9/2014 11:49 AM
178	Because I dont feel that I need to wear a helmet to do simple tasks like skateboarding or rollerskating. Also if a person goes to a rollerskating rink you will maybe see 1 person wearing a helmet out of the hundreds that are there.	4/9/2014 11:46 AM
179	Because a "helmut" is not needed	4/9/2014 11:43 AM
180	I just don't	4/9/2014 11:43 AM
181	I doubt I will split my skull and if I do it's my own fault	4/9/2014 11:41 AM
182	Because Im used to not having to wear a helmet when roller skating	4/9/2014 11:39 AM
183	I do not need one.	4/9/2014 11:29 AM
184	I don't do any of these activities because none of these make me comfortable because I'm a safety freak.	4/9/2014 10:46 AM
185	I picked no because i'm used to it or i've done it enough to know my limits. I don't need it because i'm not doing crazy things with it.	4/9/2014 10:37 AM
186	Skateboard- I don't skateboard Ski/ Snowboard- I don't do that Ice Skate- I don't do that	4/9/2014 10:37 AM
187	I don't doing ice skating because where I go doesn't give me one, and I'm not allowed to bring mine.	4/9/2014 10:37 AM
188	Because I don't want to and it messes up my hair.	4/9/2014 10:37 AM
189	I do not do those sports except riding a bike.	4/9/2014 10:36 AM
190	i dont do those activities	4/9/2014 10:35 AM
191	No because since I am in a wheelchair, I can't do these	4/9/2014 10:35 AM
192	Not ice skate because I don't think I need to and I never have one when I go ice skating.	4/9/2014 10:35 AM
193	Because I don't do any of them but bike riding	4/9/2014 10:34 AM
194	i dont fall that much	4/9/2014 10:33 AM
195	I don't like helmets that much.	4/9/2014 10:28 AM
196	I do not wear a helmet when I rollerskate because I am normally with my dad and right next to him.	4/9/2014 10:05 AM
197	I rarely fall while ice skating and helmets are not provided at most rinks.	4/9/2014 9:58 AM
198	no because it me look dumb and i dont ride them anyways	4/9/2014 9:01 AM
199	I don't ice skate. I have never fallen in the five years I've taught my self to skate.	4/9/2014 8:56 AM
200	Because I don't do any of those activities.	4/9/2014 8:52 AM
201	because I one) don't have a helmet that fits and two) because I hardly fall down and when I do it usual isn't take big (P.S you spelled Helmet wrong)	4/9/2014 8:52 AM

Student Physical Activity Survey

202	I do not believe that a skate bored is as active as a bike ride	4/9/2014 8:51 AM
203	I feel that if I fall, I'm not going to hit my head, only my body.	4/9/2014 8:47 AM
204	I feel like I'm good at this	4/9/2014 8:33 AM
205	Um, I don't do the other stuff. Exercise is not stressed enough to people my age so... we don't do any physical activity.	4/9/2014 8:31 AM
206	I just don't for some reason	4/9/2014 8:29 AM
207	I don't think that you need a helmet while ice skating because you are usually in the ring with other people so they might help you if you need help.	4/9/2014 8:25 AM
208	I don't wear a helmet when I ice skate because I don't want to.	4/9/2014 8:25 AM
209	No because I don't do anything except rude a bike skate board and ski but I don't think you need a HELMET because I don't think that a helmet would be required	4/9/2014 8:23 AM
210	I don't wear a helmet when I go skateboarding, snowboarding/ skiing ice skating because I don't do these activities.	4/9/2014 8:22 AM
211	My mom doesn't require me to.	4/9/2014 8:22 AM
212	Because this sports really don't need helmets	4/9/2014 8:22 AM
213	I never really go ice skating....	4/9/2014 8:21 AM
214	I don't do the things. That are no	4/9/2014 8:20 AM
215	I don't ice skate or roller skate a lot but when I do it's usually at a skating ring and they don't usually supply helmets	4/9/2014 8:20 AM
216	Well... I don't usually ice skate and when I do it's just with my family.	4/9/2014 8:19 AM
217	I don't do those sports at all.	4/9/2014 8:18 AM
218	I only ride my bike out of this list.	4/9/2014 8:17 AM
219	I do not wear a helmet when I ice skate because I am experienced and I do not fall often.	4/9/2014 8:12 AM
220	I only snow board for a little bit and I have a hat on.	4/2/2014 11:56 AM
221	No because I don't really do extreme tricks	4/2/2014 11:55 AM
222	When you are skating you have a better chance falling on your bottom or your knees than on your head	4/2/2014 11:54 AM
223	Some times I do not wear a helmet when I ski because if I'm not going down a slope and I am on flat land I won't wear it because if I fall I will fall into the powder.	4/2/2014 11:53 AM
224	I normally go very slow when skateboarding and roller skating. I am very skilled at ice skating and I am able to avoid injuring myself, and sometimes, the ice skating building does not provide helmets for me.	4/2/2014 11:53 AM
225	I do not ice skate, and when I went skiing, they did not give me a helmet.	4/2/2014 11:51 AM
226	I wear a helmet just so I don't break my head. One time I was walking and I saw a guy riding a skateboard with no helmet on just a little tiny hat and he tried to jump on the sidewalk and failed and he busted his head open and he was bleeding a lot that is why I wear a helmet.	4/2/2014 11:47 AM
227	I don't because where I go ice skating they don't give us helmets.	4/2/2014 11:46 AM
228	I said no for both for rollerskating and riding a skateboard because I do none of those following activities	4/2/2014 11:46 AM
229	I don't do any of these activities but riding my bike on the occasion.	4/2/2014 11:46 AM
230	I do not go roller skating,ice skating,and snow boarding	4/2/2014 11:46 AM
231	I don't wear a helmet because I'm really good at it i don't think I'm going to fall	4/2/2014 11:45 AM
232	When I go ice scating I do not were a helmet I be carefull and I don't do much tricks so that's why I don't where a helmet	4/2/2014 11:45 AM
233	No I do not it the past year because there is snow an I only did it for about 15-30 minuets otherwise all the time	4/2/2014 11:45 AM

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234	I don't do the things that I said no to .	4/2/2014 11:44 AM
235	Don't know why	4/2/2014 11:43 AM
236	Well my mom doesn't think I need one and neither do I.	4/2/2014 11:43 AM
237	The helmets were not available	4/2/2014 11:43 AM
238	No, I do not wear a hemat when I ice skate. Becase, I have never ice skated before.	4/2/2014 11:42 AM
239	I love to run track I love to run a lot	4/2/2014 11:42 AM
240	I don't do those activates	4/2/2014 11:42 AM
241	I do not skateboard or skate	4/2/2014 11:41 AM
242	Some of these sports you don't need a helmet	4/2/2014 11:41 AM

Student Physical Activity Survey

Q8 Are there any sports or physical activities that you would like to try or do more often?

Answered: 344 Skipped: 156

#	Responses	Date
1	ice skating	5/23/2014 2:29 PM
2	Ballet.	5/23/2014 2:29 PM
3	I would like to do gymnastics MUCH more because it is a really cool thing to do. Also i would like to bike more.	5/23/2014 2:28 PM
4	I would like to do more soccer.	5/23/2014 2:25 PM
5	I would like to do more running	5/23/2014 2:25 PM
6	Soccer because i have to much homework so i cant play soccer any more	5/23/2014 2:24 PM
7	lacross and sooccer	5/23/2014 2:23 PM
8	...	5/23/2014 2:23 PM
9	I would like to try lacrosse and yoga, and would also like to rock climb and go biking more.	5/23/2014 2:23 PM
10	i would like to play soccer more often because i uasully play with my dad and his is not always able to at the time.	5/22/2014 2:31 PM
11	lacrosse	5/22/2014 2:21 PM
12	Id'e like to do capture the flag	5/22/2014 2:21 PM
13	lacrosse	5/22/2014 2:20 PM
14	I would like to play more football outside with my friends	5/22/2014 2:19 PM
15	swim	5/22/2014 2:17 PM
16	Dance, Gymnastics, Horse back riding, Swimming, running	5/22/2014 2:17 PM
17	i would like to snowboard more often over the winter	5/22/2014 2:17 PM
18	Yoga	5/22/2014 2:16 PM
19	I would like to ski more	5/22/2014 2:13 PM
20	no	5/22/2014 2:13 PM
21	No	5/22/2014 11:04 AM
22	Basketball, cross country and snow boarding	5/22/2014 11:01 AM
23	I would like to play basketball and tennis every day because I only play during the seasons.	5/22/2014 10:59 AM
24	Water Polo	5/22/2014 10:58 AM
25	Bball	5/22/2014 10:58 AM
26	Archery	5/22/2014 10:57 AM
27	Foot ball,tennis,snowboarding	5/22/2014 10:57 AM
28	Volleyball, sailing, yoga, dance, martial arts, and rock climbing.	5/22/2014 10:57 AM
29	Swimming	5/22/2014 10:56 AM
30	Field hockey and volley ball	5/22/2014 10:56 AM
31	Running and horseback riding and jazz (dance)	5/22/2014 10:56 AM

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32	I would love to rock climb	5/22/2014 10:56 AM
33	Tennis, skate board, snow board	5/22/2014 10:55 AM
34	Swim all year round Softball Lacrosse	5/22/2014 10:54 AM
35	I'd like to start rock climbing and more often because I do this daily at sleep away camp and I really enjoy it so I would like to start doing it more at home	5/22/2014 10:07 AM
36	Track, soccer, capture the flag, kickball, fun.	5/22/2014 10:06 AM
37	Ultimate frisbee, track	5/22/2014 10:05 AM
38	I would like to try skiing at some point.	5/22/2014 10:05 AM
39	Gameing	5/22/2014 10:05 AM
40	I would like to try yoga.	5/22/2014 10:04 AM
41	Soccer and gymnastics	5/22/2014 10:04 AM
42	Skateboard	5/22/2014 10:04 AM
43	Baseball at lincoln	5/22/2014 10:03 AM
44	Tennis, more running, and swimming	5/22/2014 10:02 AM
45	Sailing	5/22/2014 10:02 AM
46	Cross-country running	5/22/2014 10:01 AM
47	Soccer, Dance, Swimming, Bikeriding	5/22/2014 8:25 AM
48	Running, biking, hiking.	5/22/2014 8:25 AM
49	I would like to run more, ski more, and rock climb more.	5/22/2014 8:24 AM
50	Hockey	5/22/2014 8:24 AM
51	I want to do ballet and jazz more often	5/22/2014 8:23 AM
52	I wish I had time to play lacrosse, tennis, cross country and I wish I could act more (Im an actress too)	5/22/2014 8:23 AM
53	I like biking, I like to pop wheelies.,	5/22/2014 8:23 AM
54	Feild hocky	5/22/2014 8:22 AM
55	Hockey, basketball	5/22/2014 8:21 AM
56	Skiing and biking	5/22/2014 8:21 AM
57	Ride a skate board	5/22/2014 8:21 AM
58	Basketball	5/22/2014 8:21 AM
59	I would like to go running more or play catch with my brother and/or go biking with my mom or take long walks.	5/22/2014 8:21 AM
60	Volleyball	5/22/2014 8:21 AM
61	Paragliding, wake boarding, surfing, motorcycling.	5/22/2014 8:21 AM
62	Qorquet	5/22/2014 8:21 AM
63	Ninjitsu Kendo Historical sword fighting class Archery	5/22/2014 8:20 AM
64	I'd like to dance more often (ballet or tap) as I do musical theatre and I think that would help me in that activity	5/22/2014 8:20 AM
65	diving	5/22/2014 8:19 AM
66	Iceskate	5/22/2014 8:18 AM
67	karate, and basketball, also swimming	5/20/2014 2:29 PM
68	yes rockclimbing and horse back riding	5/20/2014 2:29 PM

Student Physical Activity Survey

69	running and swimming	5/20/2014 2:28 PM
70	rook climeing	5/20/2014 2:28 PM
71	running and swimming	5/20/2014 2:27 PM
72	lacrosse, yoga, football, walking, sailing, swimming	5/20/2014 2:26 PM
73	I would like to do more archery because i'm interested in archery, I have an archery set at home but I would like to get my own bow because me and my brother share one.	5/20/2014 2:25 PM
74	Gymnastics and Dance	5/20/2014 2:25 PM
75	Football Basketball Bikeing	5/20/2014 2:25 PM
76	I would like to horseback ride more often and bike more.	5/20/2014 2:25 PM
77	soccer, running	5/20/2014 2:24 PM
78	I think I'd like to run more. I always have wanted to be super fast.	5/20/2014 2:24 PM
79	Drama,Capture the flag, Crack about, Treasure HuntGames in gym class	5/20/2014 2:24 PM
80	Karate	5/20/2014 2:23 PM
81	nope not really.	5/20/2014 2:22 PM
82	I think I'd like to run more. I always have wanted to be super fast.	5/20/2014 2:22 PM
83	play with my dog.	5/20/2014 2:22 PM
84	horseback riding	5/20/2014 2:21 PM
85	I would like to play more ice hockey.	5/20/2014 1:20 PM
86	Turf field for the school please	5/20/2014 1:20 PM
87	There should be field hockey in the spring	5/20/2014 1:18 PM
88	not really, i have gymnastics and skiing too much so i dont have time. i would like to dance more if i had time though.	5/20/2014 1:18 PM
89	No, there are not any other sports or physical activities that I would like to try or do a home.	5/20/2014 1:18 PM
90	Football #footballislife????????	5/20/2014 1:17 PM
91	Snowboard Dance	5/20/2014 1:17 PM
92	I wish field hockey was all year	5/20/2014 1:16 PM
93	Yes	5/20/2014 1:16 PM
94	Skate boarding	5/20/2014 1:15 PM
95	I want to try more dance and try skateboarding	5/20/2014 1:15 PM
96	Volleyball	5/20/2014 1:15 PM
97	Bike	5/20/2014 12:25 PM
98	Tumbling	5/20/2014 12:24 PM
99	No	5/20/2014 12:24 PM
100	Snowboarding, Skiing.	5/20/2014 12:24 PM
101	I'd like to do more ice skating cause I had to quit it to make time for gymnastics	5/20/2014 12:24 PM
102	Exercise in general	5/20/2014 12:24 PM
103	No	5/20/2014 12:23 PM
104	I would like to play hockey.	5/20/2014 12:23 PM
105	No.	5/20/2014 12:22 PM

Student Physical Activity Survey

106	Karate and sailing	5/20/2014 10:22 AM
107	I would like to try snowboarding and skiing	5/20/2014 10:22 AM
108	Skateboarding, field hockey, hockey, skiing, soccer, softball, swimming.	5/20/2014 10:21 AM
109	No.	5/20/2014 10:21 AM
110	Volleyball	5/20/2014 10:20 AM
111	Rock climbing.	5/20/2014 10:18 AM
112	Yoga and muscle exercises	5/20/2014 10:18 AM
113	Lacrosse	5/20/2014 10:18 AM
114	No.	5/20/2014 10:18 AM
115	Biking	5/20/2014 10:16 AM
116	I want to run more.	5/20/2014 8:18 AM
117	Volleyball and rugby	5/20/2014 8:15 AM
118	N/A	5/20/2014 8:15 AM
119	Basketball and running	5/20/2014 8:15 AM
120	i would like to try rugby more soccer more running	5/19/2014 2:18 PM
121	skiing , snow , ice skating ,volley ball	5/19/2014 2:18 PM
122	skiing	5/19/2014 2:17 PM
123	Dodge ball, Capture the flag, and Pony Express.	5/19/2014 2:17 PM
124	I already ski a ton but I would like to more (on nice mountains such as Sugarbush, and all of colorado plus many more.	5/19/2014 2:16 PM
125	running	5/19/2014 2:15 PM
126	softball basketball	5/19/2014 2:15 PM
127	I would like to try Soccer, Ice Skating, Skiing, and Horse Back Riding. I would like to do Gymnastics more often.	5/19/2014 2:15 PM
128	Dance	5/19/2014 2:14 PM
129	Football,rollerblading	5/19/2014 2:14 PM
130	I would like to do dance more often.	5/19/2014 2:14 PM
131	Swimming	5/19/2014 2:13 PM
132	Dodge ball, Capture the flag, and Pony express	5/19/2014 2:12 PM
133	dance	5/19/2014 2:12 PM
134	I would like to try soccer and skiing and football	5/19/2014 1:22 PM
135	Cross country in the spring	5/19/2014 1:19 PM
136	Biking	5/19/2014 1:18 PM
137	I would like to try something like volleyball or dance	5/19/2014 1:18 PM
138	I probably want to rock climb more often	5/19/2014 1:18 PM
139	Ice skating, cross country, and horse back riding	5/19/2014 1:17 PM
140	I would like to do biking at school or gymnastics.	5/19/2014 1:17 PM
141	I would like to surf more.	5/19/2014 1:17 PM
142	No	5/19/2014 1:17 PM

Student Physical Activity Survey

143	Skiing	5/19/2014 1:17 PM
144	I think that in spring, there aren't many sport opportunities and I think that there should be a girls lacrosse team, because I know that many girls have to go to Sudbury in the spring to clinics because there isn't a team here and people want to be ready for high school at LS where lacrosse is offered.	5/19/2014 1:17 PM
145	Football or more soccer	5/19/2014 1:16 PM
146	No, I can't waste my time doing more sports.	5/19/2014 1:05 PM
147	Taekwondoe	5/19/2014 1:05 PM
148	I would live to try football and lacrosse more. Also volleyball	5/19/2014 1:05 PM
149	Bike, swim, and run	5/19/2014 1:04 PM
150	Tennis, golf and running	5/19/2014 1:04 PM
151	Volleyball, rock climbing, skiing, and karate	5/19/2014 1:03 PM
152	Nope. I don't like most sports.	5/19/2014 1:01 PM
153	Swimming	5/19/2014 1:01 PM
154	No	5/19/2014 1:00 PM
155	No	5/19/2014 1:00 PM
156	Water skiing and snowboarding.	5/19/2014 12:59 PM
157	Biking ang running.	5/19/2014 12:58 PM
158	Biking	5/19/2014 12:57 PM
159	Softball, horseback riding, biking, running	5/19/2014 12:57 PM
160	Volleyball, basketball, tennis	5/19/2014 12:56 PM
161	Gymnastics Dance Yoga Ice skating	5/19/2014 9:19 AM
162	Yoga/stretching	5/19/2014 9:17 AM
163	Skateboarding but I do that everyday for an hour	5/19/2014 9:16 AM
164	Wake Boarding	5/19/2014 9:16 AM
165	I would like to try and do more yoga.	5/19/2014 9:15 AM
166	Football	5/19/2014 9:14 AM
167	Running, biking I want to bike to school but my parents think its unsafe	5/19/2014 9:14 AM
168	Badminton	5/19/2014 9:14 AM
169	Swim more often.	5/19/2014 9:13 AM
170	More basketball, try lacrosse, more bike riding	4/30/2014 9:09 AM
171	Karate,dance,gymnastics,acro	4/30/2014 9:08 AM
172	Hockey	4/30/2014 9:07 AM
173	Trying to ride my bike.	4/30/2014 9:07 AM
174	Lacrosse	4/30/2014 9:07 AM
175	No	4/30/2014 9:07 AM
176	I would like to ski or snowboard.	4/30/2014 9:06 AM
177	Skateboard	4/30/2014 9:06 AM
178	Softball	4/30/2014 9:06 AM
179	Baseball	4/30/2014 9:04 AM

Student Physical Activity Survey

180	Baseball and snowboarding	4/29/2014 1:22 PM
181	I would love to try cheerleading and basketball	4/29/2014 1:22 PM
182	Softball 2 times a week	4/29/2014 1:21 PM
183	Hockey on ice because since it's off season I never get to practice on ice only at home because all the skating places are not for 1 person to practice it's for everyone.	4/29/2014 1:21 PM
184	Snowboarding	4/29/2014 1:20 PM
185	In Phys Ed I want to do archery every Tuesday.	4/29/2014 1:20 PM
186	Ice skating and roller skate	4/29/2014 1:20 PM
187	Basketball, skiing, snowboarding, and skate boarding.	4/29/2014 10:49 AM
188	Horse back ridding and gymnastics	4/29/2014 10:48 AM
189	Basketball	4/29/2014 10:48 AM
190	Soccer	4/29/2014 10:48 AM
191	Running sailing and cross country	4/29/2014 10:47 AM
192	No.	4/29/2014 10:47 AM
193	Football	4/29/2014 10:47 AM
194	Tennis	4/29/2014 10:46 AM
195	Skiing	4/29/2014 10:46 AM
196	Skiing	4/29/2014 10:46 AM
197	Skating	4/29/2014 10:45 AM
198	Soccer	4/29/2014 10:45 AM
199	Skating	4/29/2014 10:45 AM
200	Inline skating, wake boarding, skim boarding, surfing	4/29/2014 8:20 AM
201	Biking.	4/28/2014 10:04 AM
202	Cheerleading Soccer more often	4/28/2014 10:04 AM
203	Basketball Skating Hokey Lacrosse Tennis Golfing	4/28/2014 10:04 AM
204	Snowboarding & Swimming	4/28/2014 10:02 AM
205	Soccer Basketball Running	4/28/2014 10:02 AM
206	Inline skating, wake boarding, skim boarding, surfing	4/28/2014 10:01 AM
207	Biking	4/28/2014 10:01 AM
208	No	4/28/2014 10:01 AM
209	Sk,ice skate,	4/28/2014 10:01 AM
210	Lacrosse	4/28/2014 10:00 AM
211	Ride on a rib stick	4/28/2014 10:00 AM
212	Rock climbing I also only do rock climbing and swimming in the summer	4/28/2014 9:58 AM
213	I would like to try to play "softball"more often.	4/17/2014 10:17 AM
214	Soccer	4/17/2014 10:16 AM
215	I would like to do more volly ball and basket ball	4/17/2014 10:15 AM
216	Roller skating	4/17/2014 10:14 AM

Student Physical Activity Survey

217	No.	4/17/2014 10:14 AM
218	I do everything all the time.	4/17/2014 10:13 AM
219	I would like to ski more often	4/17/2014 10:13 AM
220	Roller skating and snowboarding	4/17/2014 10:13 AM
221	I would like to try hockey, gymnastics, also skate boarding.	4/9/2014 12:27 PM
222	I want to do more softball practice because I'm still learning about it and I'm on a softball team.	4/9/2014 12:24 PM
223	I would like to play volleyball more often	4/9/2014 12:23 PM
224	I would like to do volleyball but despite all my practice I am still horrible at it. I would also like to improve my running speeds and such because I get bored while running and then I end up walking.	4/9/2014 12:23 PM
225	Nope!	4/9/2014 12:22 PM
226	I would love to ski more often because I ski black diamond slopes a lot and it is easy and fun but I get to do it about once or twice a year.	4/9/2014 12:21 PM
227	Soccer and riding bike.	4/9/2014 12:20 PM
228	I'd like to try lacrosse, football, and running a lot more	4/9/2014 12:20 PM
229	I would like to try gymnastics and do basketball more often.	4/9/2014 12:20 PM
230	I've always wanted to play hockey but never got to learn how to ice skate	4/9/2014 12:19 PM
231	I would actually like to try softball more often because even though I am a girl I am more used to baseball.	4/9/2014 12:18 PM
232	I would like to run more because I do cross country at the beginning of the school year and I want to stay fit. I would like to dance more, even though I do dancing at home, I'm not in a class - but I really want to be in a class badly!	4/9/2014 12:18 PM
233	Skiing, snowboarding, swimming, hiking.	4/9/2014 12:18 PM
234	Running	4/9/2014 12:17 PM
235	Football	4/9/2014 12:17 PM
236	Hunting, Throwing Blades	4/9/2014 12:17 PM
237	Cricket.	4/9/2014 12:17 PM
238	I may want to try basketball but I don't know if I like it enough to play.	4/9/2014 12:16 PM
239	More football and basketball	4/9/2014 12:15 PM
240	Dancing, basketball, roller skating, ice skating, and football.	4/9/2014 12:15 PM
241	I would like to try to run and or jog more...	4/9/2014 12:15 PM
242	Nope!	4/9/2014 12:15 PM
243	Rock climbing and tennis cross country	4/9/2014 12:14 PM
244	I would like to bike and run more often.	4/9/2014 11:51 AM
245	Workout more than I do. Less xbox.	4/9/2014 11:50 AM
246	Skating, Soccer, Basketball, Skiing, Horseback riding (I used to do Horseback)	4/9/2014 11:49 AM
247	I would like to try to ride a penny board, a kind of skateboard, and try to ice skating.	4/9/2014 11:46 AM
248	I would like to try to ride a penny board, a kind of skateboard, and try to ice skating.	4/9/2014 11:46 AM
249	I would like going to the gym more often than stay home and work out in my basement	4/9/2014 11:45 AM
250	no	4/9/2014 11:43 AM
251	Run around and be a crazy person, If I could have freedom.	4/9/2014 11:43 AM
252	Basketball	4/9/2014 11:41 AM

Student Physical Activity Survey

253	I'd like to do gymnastics more often	4/9/2014 11:29 AM
254	Dodge ball. Lots of dodge ball. I'd like to dance more, but I don't have alot of self confidence.	4/9/2014 10:46 AM
255	Rock climbing, soccer, basketball, volleyball, lacrosse, hockey, baseball/softball.	4/9/2014 10:37 AM
256	No	4/9/2014 10:37 AM
257	I would like to do ice skating more often because I've only gone once and it was the best time of my life.	4/9/2014 10:37 AM
258	I play all sports. I play all sports.	4/9/2014 10:37 AM
259	Volleyball	4/9/2014 10:36 AM
260	I want to play volleyball more.	4/9/2014 10:36 AM
261	i do them all alot	4/9/2014 10:36 AM
262	nope	4/9/2014 10:35 AM
263	Sled hockey, wheelchair basketball, and wheelchair racing.	4/9/2014 10:35 AM
264	Cheerleading	4/9/2014 10:35 AM
265	No	4/9/2014 10:34 AM
266	More gym, such as capture the flag	4/9/2014 10:33 AM
267	Run track and sing.	4/9/2014 10:33 AM
268	water ski and water board	4/9/2014 10:33 AM
269	Basketball	4/9/2014 10:32 AM
270	I really want to try to do horseback riding. I really like animals so I think that would be fun. I also want to try to learn to skateboard. I think that it could teach me to be balanced.	4/9/2014 10:29 AM
271	No	4/9/2014 10:28 AM
272	Baseball,football,basketball,and wrestling.	4/9/2014 10:28 AM
273	Volleyball Rope Climbing Rock Climbing Swimming	4/9/2014 10:05 AM
274	competitive cheerleading or gymnastics	4/9/2014 9:01 AM
275	I'd like to do more of Mixed Martial arts, horseback riding, and skateboarding.	4/9/2014 8:56 AM
276	cross country	4/9/2014 8:52 AM
277	no I hate sports besides Hockey I'm just forced to do them	4/9/2014 8:52 AM
278	Floor Hockey	4/9/2014 8:51 AM
279	I want to to volleyball and basketball more.	4/9/2014 8:47 AM
280	Basket ball and baseball	4/9/2014 8:33 AM
281	Running? Build more endurance and all that good stuff. Thinking of joining track (want to do hurdles) in high school	4/9/2014 8:31 AM
282	Surfing going to do that soon	4/9/2014 8:29 AM
283	No already have a pact secedual when it comes to sports	4/9/2014 8:28 AM
284	Yes, I would like to get outside more to play in my neighborhood because the weather is nicer.	4/9/2014 8:25 AM
285	No.	4/9/2014 8:25 AM
286	I would like to play more sports like Football, baseball, basketball, etc.	4/9/2014 8:24 AM
287	Baseball	4/9/2014 8:24 AM
288	Rock climb, hike, canoeing/white water rafting, and zip lining.	4/9/2014 8:23 AM
289	I would like to do some football, yet I'm a VERY under wait skinny girl, I couldn't,	4/9/2014 8:23 AM

Student Physical Activity Survey

290	Some activities I would like to try is boxing	4/9/2014 8:23 AM
291	Skiing is probably my second favorite sport, but I don't get to ski very often because the nearest (decent) ski resort is two hours away. :-(4/9/2014 8:22 AM
292	Run some more	4/9/2014 8:22 AM
293	Skiing and horseback riding	4/9/2014 8:22 AM
294	Football	4/9/2014 8:22 AM
295	Nope. I have soccer three times a week for 2 hours. im too busy	4/9/2014 8:21 AM
296	Would like to dance. More often and do gymnastics and yoga more because they are relaxing.	4/9/2014 8:21 AM
297	Running	4/9/2014 8:20 AM
298	I'd like to go to the gym more times a week than I do now.	4/9/2014 8:19 AM
299	Running. And... soccer.	4/9/2014 8:19 AM
300	I plan on running more, swimming, and doing yoga/stretching, and am working on making that happen more.	4/9/2014 8:18 AM
301	I want to hang out with friends more often and go outside more.	4/9/2014 8:18 AM
302	Lacrosse	4/9/2014 8:16 AM
303	Yes I would like to do ballet every day the week instead of 3, and gymnastics everyday instead of 4.	4/9/2014 8:15 AM
304	I wish that my volleyball team practiced more than 2-3 times a week.	4/9/2014 8:12 AM
305	I would like to bike.	4/2/2014 11:56 AM
306	Soccer,tennis,racetrack ball	4/2/2014 11:55 AM
307	Swim and riding my bike	4/2/2014 11:54 AM
308	Swimming Volleyball Possibly Softball/Baseball Ride a bike Horseback Riding Tennis	4/2/2014 11:53 AM
309	Skateboard	4/2/2014 11:53 AM
310	I would like to try softball once again for physical workout, and go to a chess club to develop thinking, understanding, and planning skills.	4/2/2014 11:53 AM
311	I would actually love to do more dance and join and lessons,also more skate boarding.	4/2/2014 11:52 AM
312	Soccer, running, swimming, and lacrosse	4/2/2014 11:52 AM
313	I would like to run/walk more often.	4/2/2014 11:51 AM
314	I would like to try to do less watching tv and playing devices but I love to play outside and get a lot of exercise!!!	4/2/2014 11:51 AM
315	I would like to run, weight lift, and play football more.	4/2/2014 11:50 AM
316	Dance	4/2/2014 11:49 AM
317	Swimming.	4/2/2014 11:49 AM
318	Maybe Soccer it kinda sounds fun	4/2/2014 11:47 AM
319	I would like to do basketball more because I don't usually do basketball, except when I'm at the Youth Center.	4/2/2014 11:46 AM
320	I would like to try Skiing and snow boarding	4/2/2014 11:46 AM
321	I would LOVE to do equestrian, archery, softball and I used to do kickball for fun all the time.	4/2/2014 11:46 AM
322	I would like to do basket ball.	4/2/2014 11:46 AM
323	No i play and do most sports and outdoor activities	4/2/2014 11:45 AM
324	Gymnastics ummmm volleyball	4/2/2014 11:45 AM
325	Football, Hockey, Rc races	4/2/2014 11:45 AM
326	Ice skate , snowboarding and skate boarding	4/2/2014 11:44 AM

Student Physical Activity Survey

327	Gymnastics	4/2/2014 11:44 AM
328	Hockey	4/2/2014 11:43 AM
329	I just got a skate board and I want to do that more often like more than usual.	4/2/2014 11:43 AM
330	Chess, teness	4/2/2014 11:43 AM
331	Basketball	4/2/2014 11:43 AM
332	I would like to snowboard and try out archery and biathlon for kids because I like to do things mostly in nature and I would also like to try out for the Olympics and Winter Olympics.	4/2/2014 11:43 AM
333	Swimming,football, soccer,baseball,and basketball are all activities that I want to do more often.	4/2/2014 11:43 AM
334	Snow boarding	4/2/2014 11:43 AM
335	Doge ball	4/2/2014 11:43 AM
336	Baseball, Track/cross country, and volleyball.	4/2/2014 11:42 AM
337	. Track . Basketball	4/2/2014 11:42 AM
338	I would like to try lacrosse	4/2/2014 11:42 AM
339	I would like to do karate	4/2/2014 11:42 AM
340	I would like to try lacrosse	4/2/2014 11:41 AM
341	Running	4/2/2014 11:41 AM
342	Capture the flag Volley ball Basketball Kickball	4/2/2014 11:41 AM
343	Ice skating	4/2/2014 11:40 AM
344	Baseball, floor hockey, basketball, lacrosse,	4/2/2014 11:40 AM