



LINCOLN PUBLIC SCHOOLS
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PARENT AND STUDENT HEAD INJURY TRAINING AFFIDAVIT

The Commonwealth of Massachusetts Executive Office of Health and Human Services now requires that all schools subject to the Massachusetts Interscholastic Athletic Association (MIAA) Rules adhere to the following guidelines. Student-athletes and their parents, coaches, athletic directors, school nurses and school physicians must learn about the consequences of head injuries and concussions through training materials and/or written information. The law requires that athletes and their parents inform their coaches about prior head injuries at the beginning of **each** season of play (fall, winter, and spring). If a student-athlete becomes unconscious, or is suspected of having a concussion, during a practice or competition, the law now mandates that the student be taken out of play and requires written certification from a licensed medical professional before “**return to play**”.

Students and parents have **two** training options:

Option 1: The free online course of the Centers for Disease Control’s (CDC) *Heads Up Concussion* training or the National Federation of State High School Association’s (NFHS) *Concussion in Sports – What You Need to Know* training.

The free on-line courses can be found at:

- http://www.cdc.gov/concussion/HeadsUp/online_training.html
- <http://www.nfhslearn.com/electiveDetail.aspx?courseID=15000>

Option 2: Read the attached Athlete and Parent “Heads Up” Fact Sheets.

Please sign that you have read the information on Head Injury training and completed one of the training options listed.

This is an annual requirement in order to participate on an Athletic team sponsored by the Hanscom Schools.

Parent/Guardian

Date

Student

Date