

Meals are **FREE**; one meal daily per student. Per USDA guidelines, all students must take a fruit or a vegetable for the meal to qualify. Low-fat and fat-free milk are served daily.

Monday

HAPPY GROUNDHOG DAY



Meatless Monday **6**

NEW!
Snackin' Waffles
 Yogurt Parfait
 Kale Chips
 Banana
 Or Grilled Cheese Sandwich

Meatless Monday **13**

Cheesy Breadsticks
 Garden Side Salad
 Steamed Corn
 Strawberry Cup
 Or Grilled Cheese Sandwich

February Recess
 No School **20**

Meatless Monday **27**

Mozzarella Sticks with
 Marinara Sauce
 Sweet Potato Fries
 Peaches
 Or Grilled Cheese Sandwich

Tuesday



7

Shepard's Pie
 Dinner Roll
 Applesauce
 Or Cheeseburger

"Sweetheart" **14**

Spaghetti & Meatballs
 Green Beans
 Applesauce
 Sugar cookie
 Or Cheeseburger

February Recess
 No School **21**

Mini Pancakes
 Tater Tots
 Sausage Links
 Orange
 Or Cheeseburger **28**

Wednesday

1
 ½ Day of School
 No Lunches Served

8
 ½ Day of School
 No Lunches Served

15
 ½ Day of School
 No Lunches Served

February Recess
 No School **22**

Alternate of the Month:

- Cereal Meal

Salad of the Month:

- Garden Salad with Tuna

Vegetarian Salads also available

Thursday

2
Ground Hog Day
 Hot Dog on Bun
 Baked Beans
 Sautéed Summer Squash
 Mixed Fruit Cup
 Or Max Pizza Sticks

9
 Nacho w/ Turkey
 Black Bean & Corn Salad
 Lettuce, Sour Cream, Salsa
 Mixed Fruit Cup
 Or Max Pizza Sticks

16
 Rainbow Bagel
 Sparkle Spread
 Fruit & Yogurt Parfait
 Sunflower Seeds
 Broccoli Salad
 Or Max Pizza Sticks

February Recess
 No School **23**

Friday

3
 Cheese or Specialty Pizza
 Bell Pepper Strips
 Raisins
 or Chicken Patty

10
 Cheese or Specialty Pizza
 Cucumber & Tomato Salad
 Grapes
 or Chicken Patty

17
 Cheese or Specialty Pizza
 Honey Carrots
 Chocolate Hummus
 w/ Pretzels
 Pear
 Or Chicken Patty **NEW!**

February Recess
 No School **24**

Please note that due to supply chain disruptions menu options are subject to change without notice.

Please contact Samantha D'Angelo, Food Service Director with questions or concerns.

Ala carte items are available for grades 5-8 to purchase.

Please use www.myschoolbucks.com or the MySchoolBucks mobile app to monitor transactions or add funds.

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