

# Lincoln Public Schools

## Wellness Program: Reproduction and Sexuality

Our middle school Wellness curriculum includes topics about reproduction and sexuality in grades six, seven, and eight, taught during the month of March. As parents are the first and most important teachers, we value parent partnership in teaching children about these topics. We want parents to be well informed about our curriculum so they can decide how to support their child's learning during these lessons. Also, parents have the right to ask for their child not to participate in specific lessons about sexuality. If parents wish to discuss this option, they should contact the school principal so that alternative arrangements may be made.

Our Wellness curriculum addresses the Massachusetts State Standard (#4) on Reproduction and Sexuality:

“Students will acquire the knowledge and skills necessary to make effective personal decisions that promote their emotional, sexual, and reproductive health.”

We believe that accurate, factual information can help people make healthy decisions regarding their sexuality. At each grade, we address specific topics within this standard that are developmentally appropriate for middle school grade levels:

Grade Six:

- Changes that occur during puberty
- Male and female reproductive anatomy
- Reproductive process

Grade Seven:

- Abstinence as a healthy choice
- Pregnancy and STI prevention
- Risky behavior and refusal skills

Grade Eight:

- STIs: symptoms, transmission, and prevention
- Sexual discrimination and harassment
- Decision-making skills

For more detail on our curriculum for this subject, please go to the Lincoln Public School website:

[www.lincnet.org](http://www.lincnet.org), click of “Administration,” then “Curriculum and Instruction” and then on “Wellness.” You can scroll through the Physical Health Learning Expectations to view Standard #4 on Reproduction and Sexuality.

Please address any concerns or questions about our program to the Wellness teachers or the principal of your child's school.

March, 2010